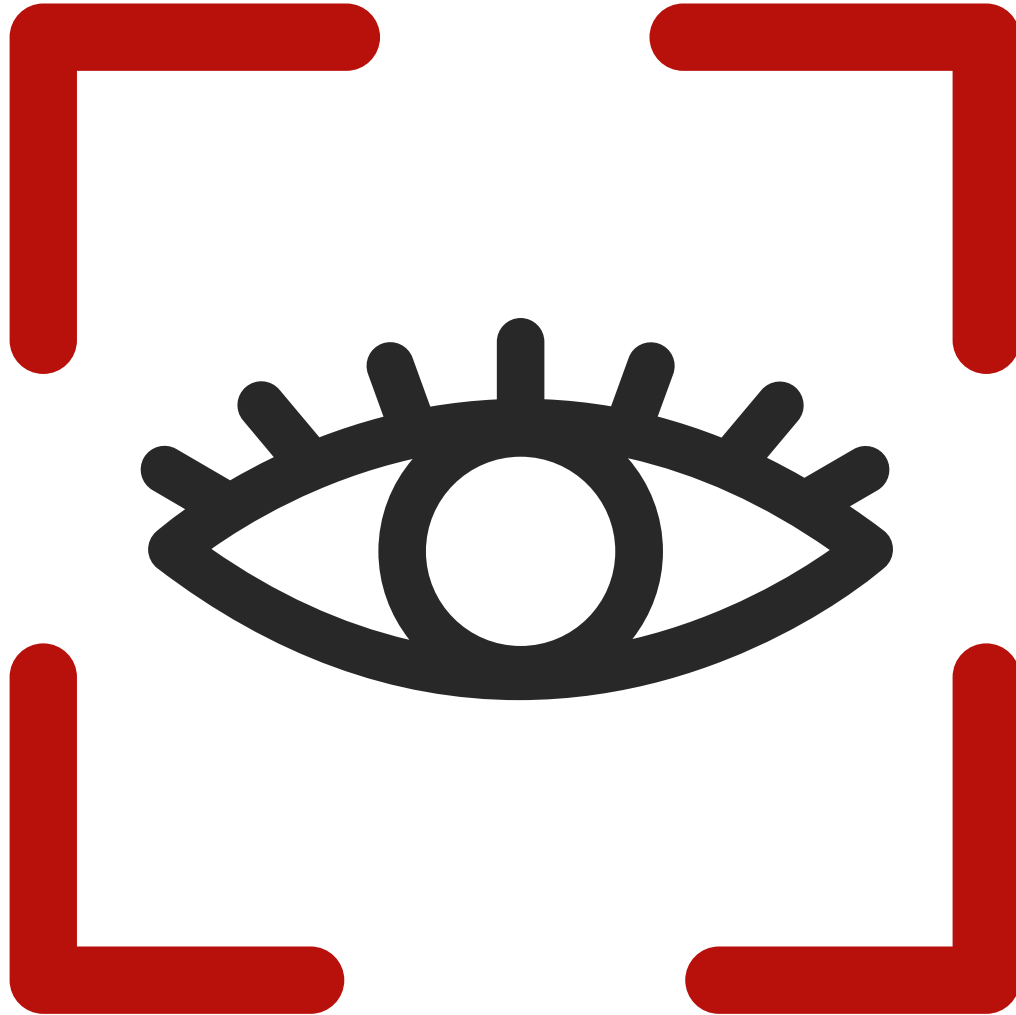


2022 Visioner



2022 Visioner

One part vision board.

One part story board.

One part intentions.

One part planner.

Unlimited parts dreaming.



2022

slow.
steady.
strategic.



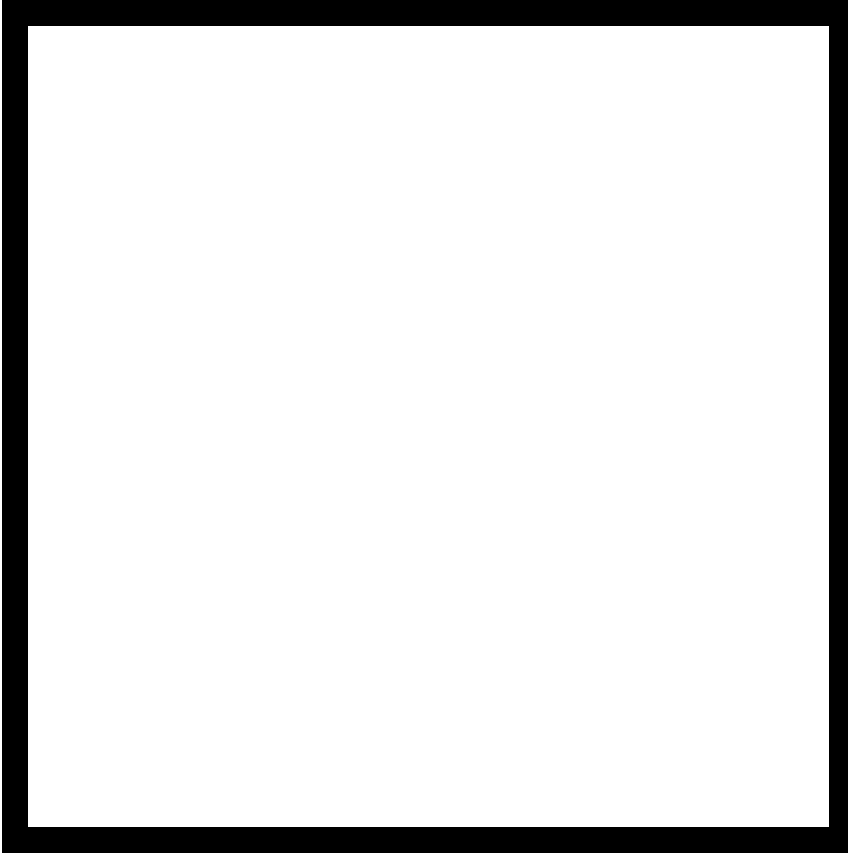
January 2022

**“Begin
anywhere.**

JOHN CAGE

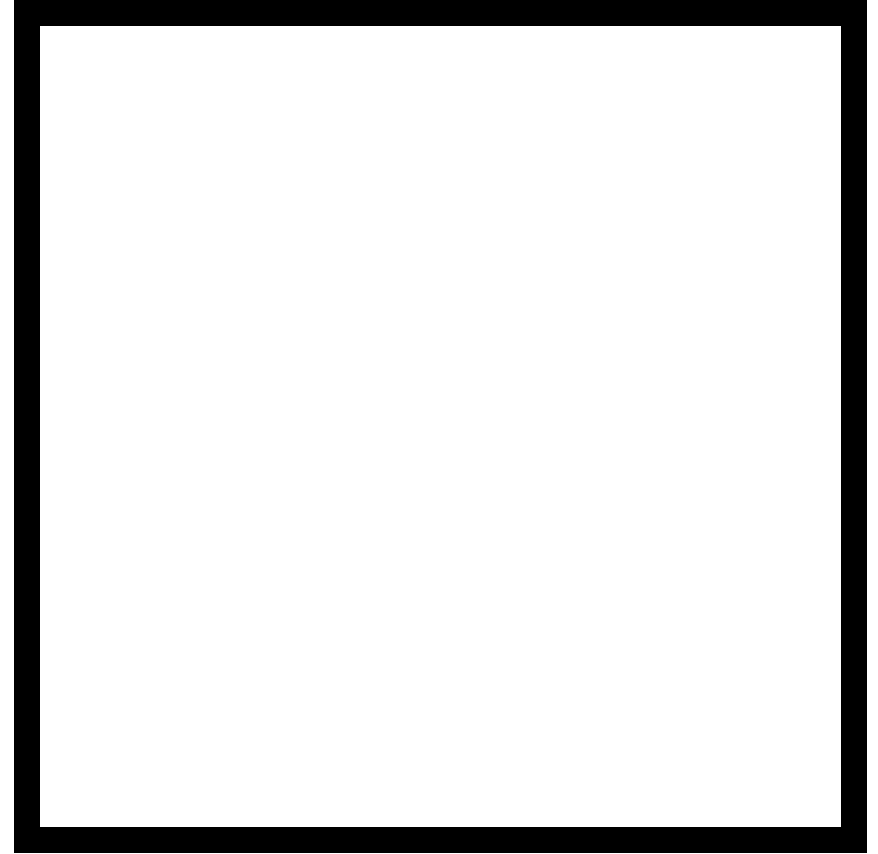


January 2022



Desired Outcome

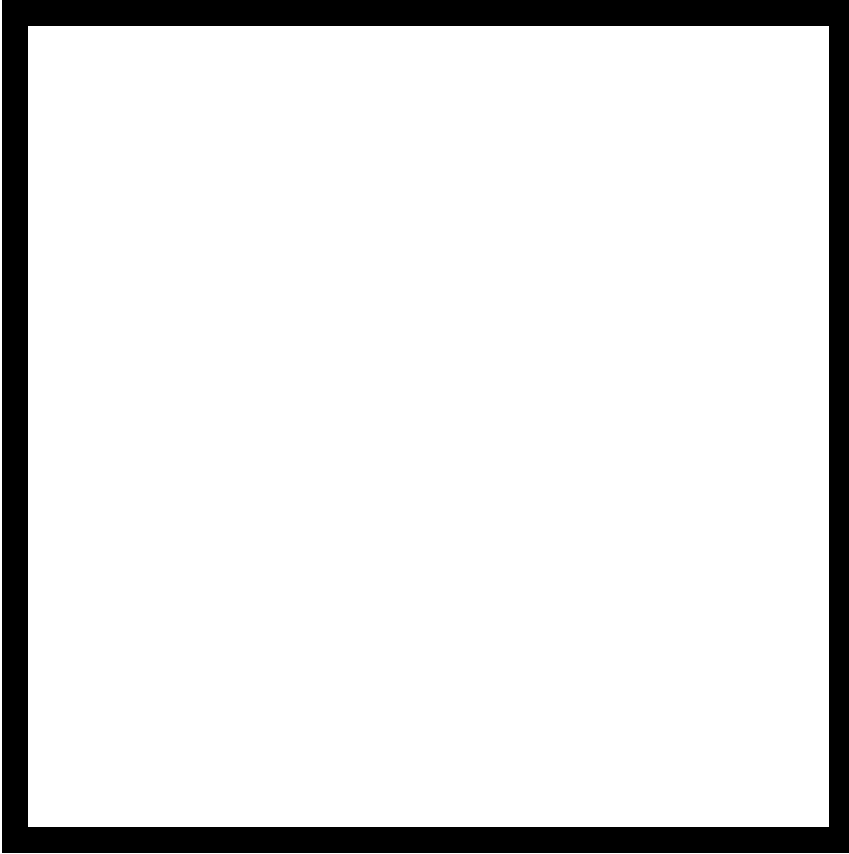
Goals, Objectives, Projects



Actions To Take

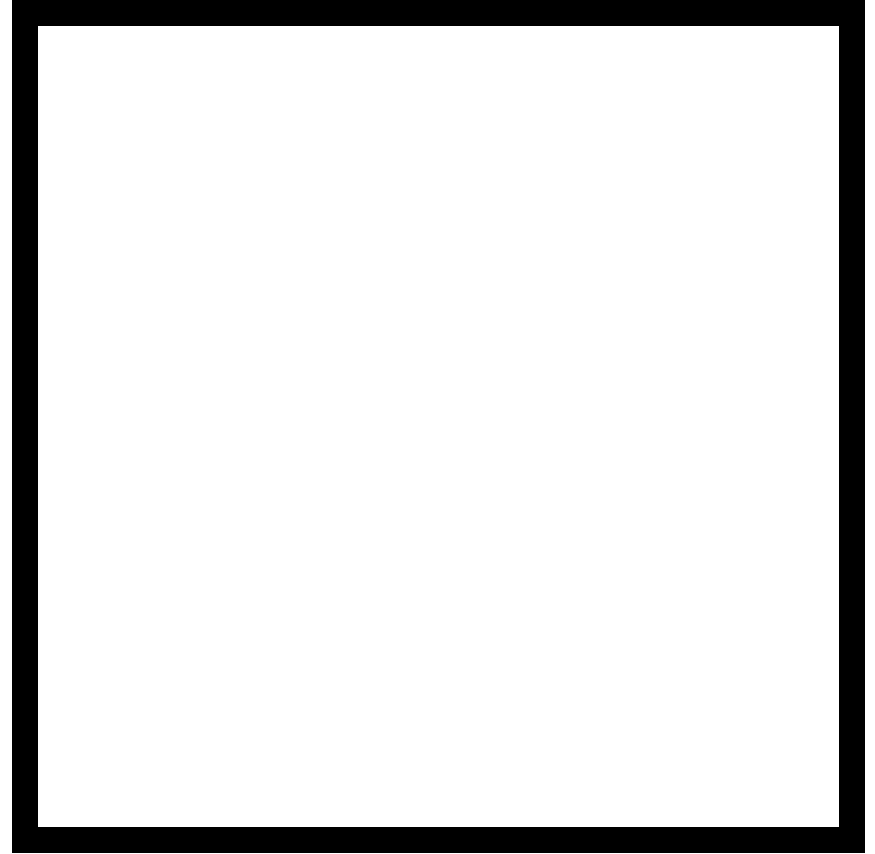
The to-do list, action items, steps toward outcomes.

January 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

January 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



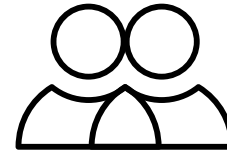
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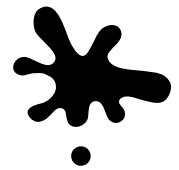
email



texts



team time



creative time

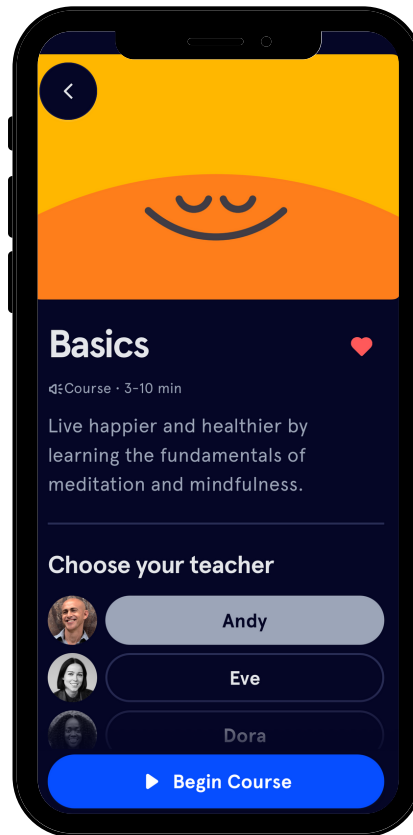
January 2022

**Intentions + Affirmations
+ Gratitudes**



January 2022

Headspace App Meditation



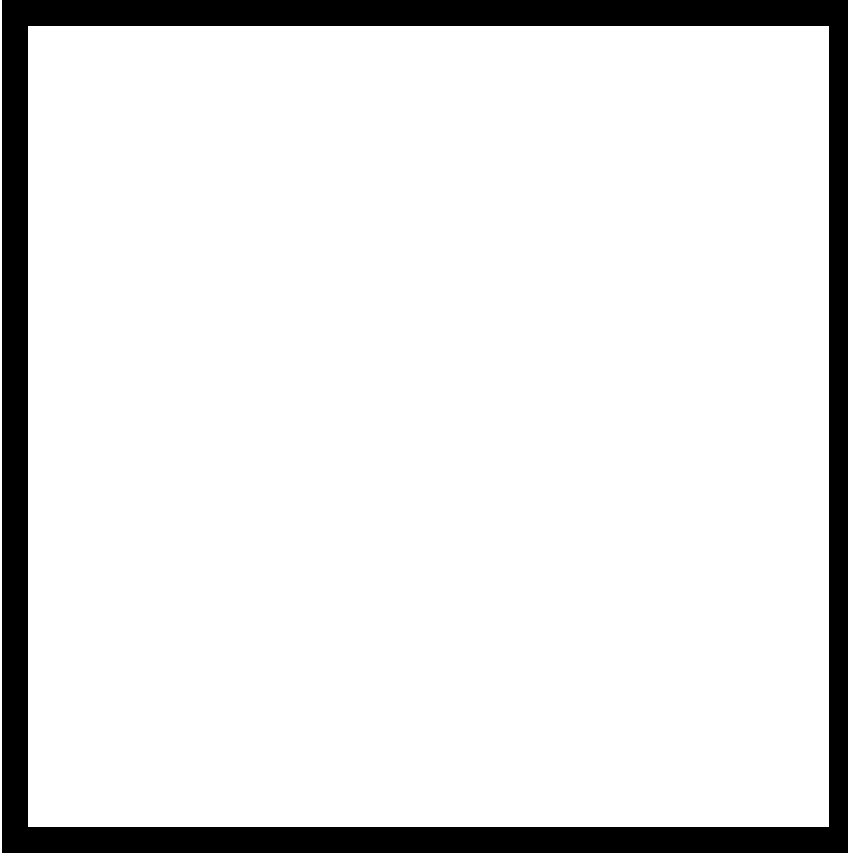
February 2022

“I’m not going to continue knocking that old door that doesn’t open for me. I’m going to create my own door and walk through that.”

AVA DUVERNAY

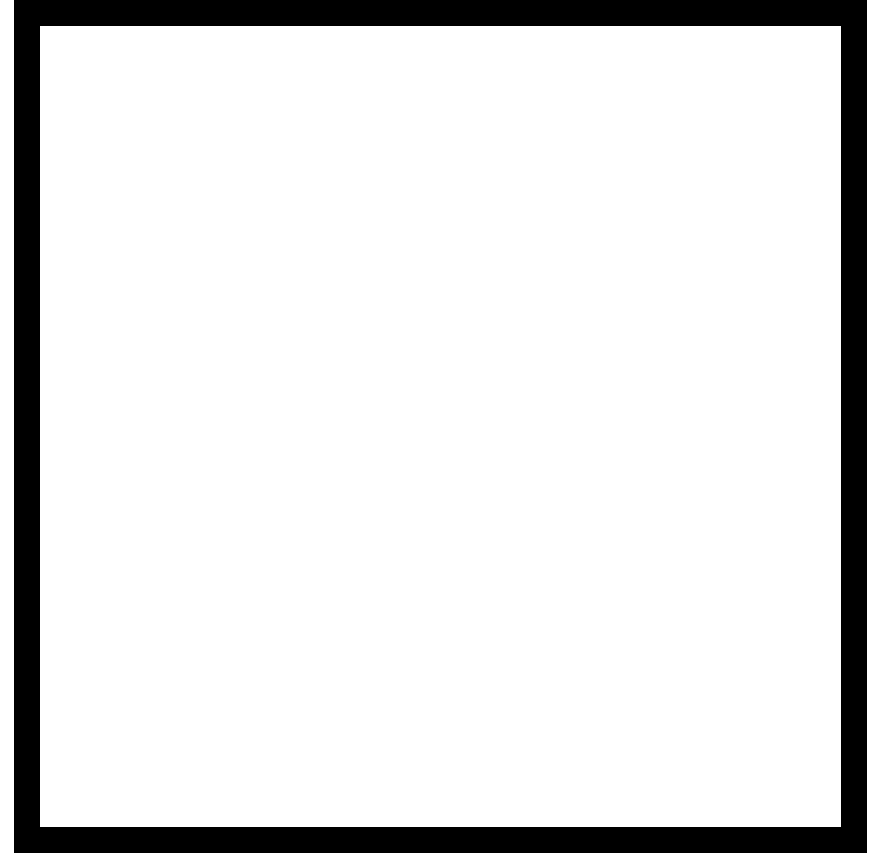


February 2022

A large, empty rectangular box with a thick black border, intended for writing the desired outcome for February 2022.

Desired Outcome

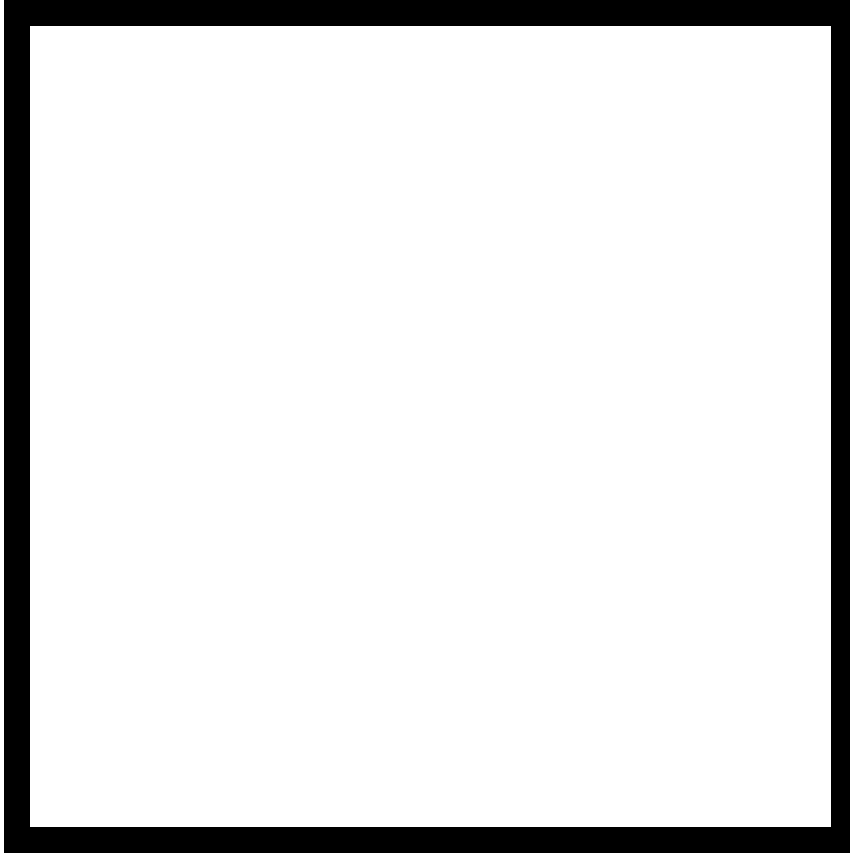
Goals, Objectives, Projects

A large, empty rectangular box with a thick black border, intended for writing the actions to take for February 2022.

Actions To Take

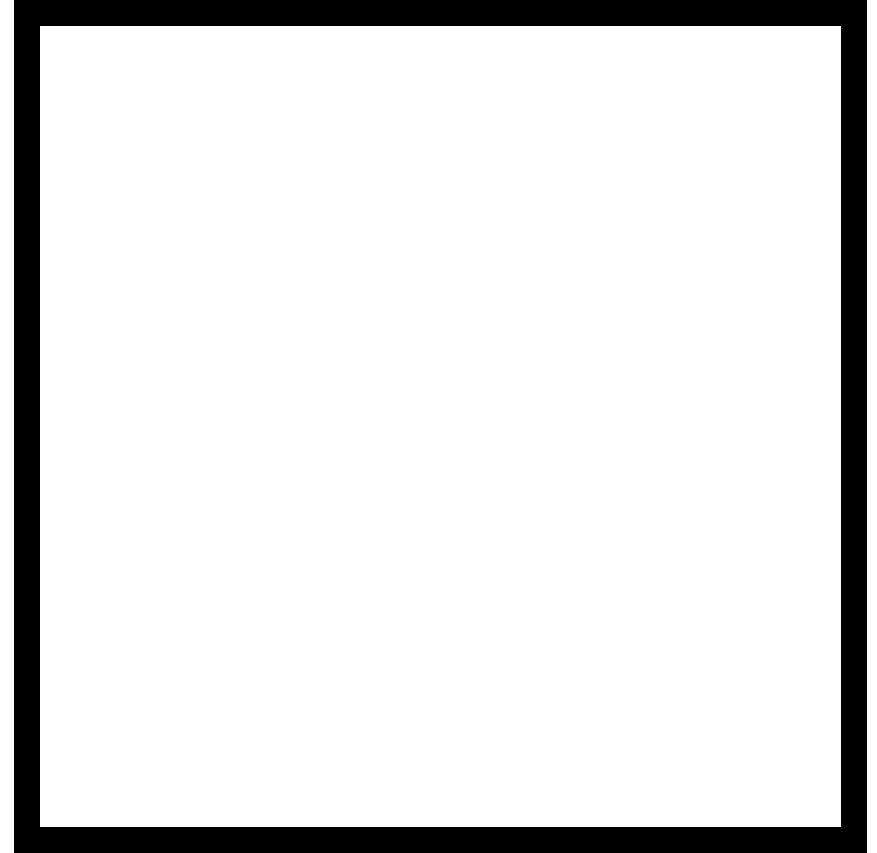
The to-do list, action items, steps toward outcomes.

February 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

February 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

February 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



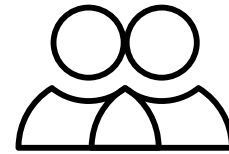
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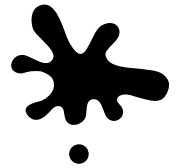
email



texts



team time



creative time

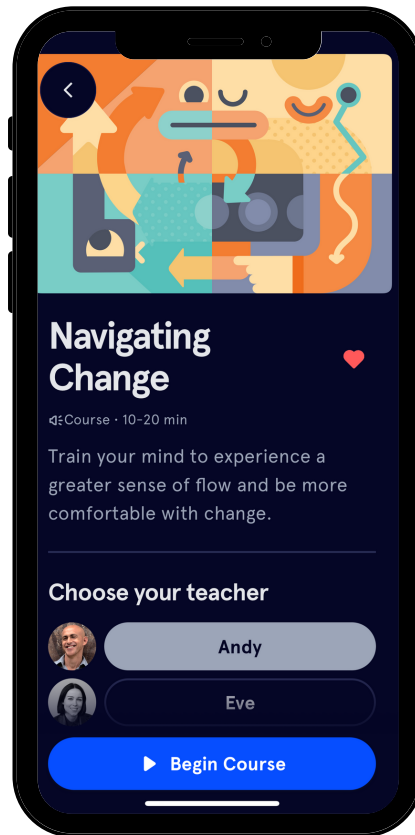
February 2022

**Intentions + Affirmations
+ Gratitudes**



February 2022

Headspace App Meditation



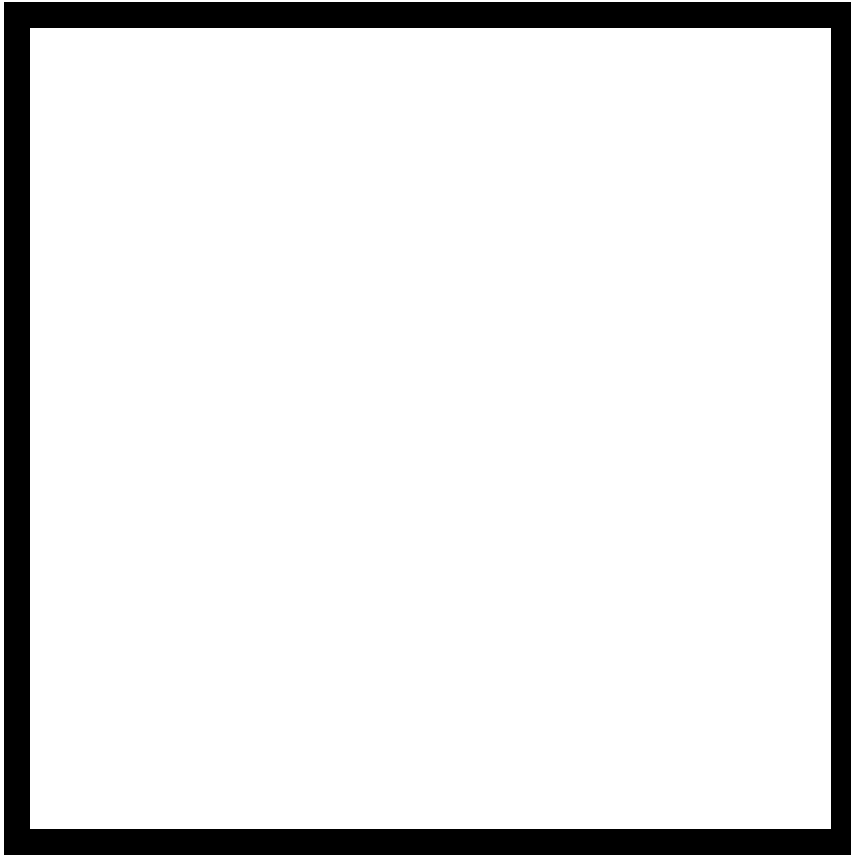
March 2022

**“ Clear is kind.
Unclear is
unkind.**

BRENE BROWN

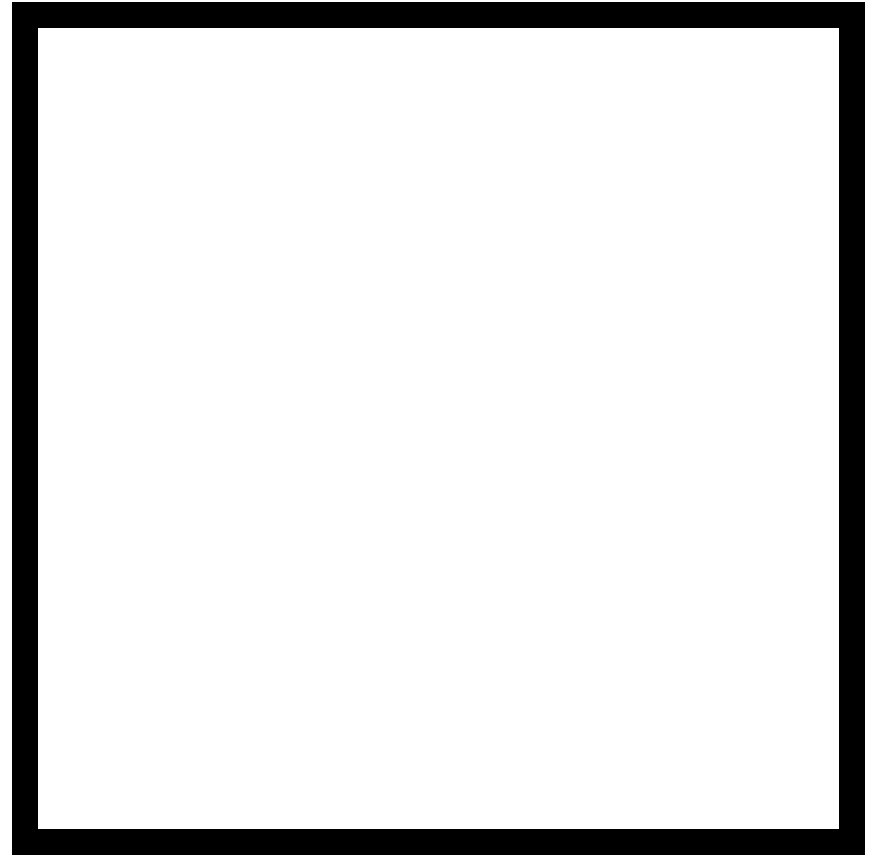


March 2022

A large, empty rectangular box with a thick black border, intended for writing the desired outcome for March 2022.

Desired Outcome

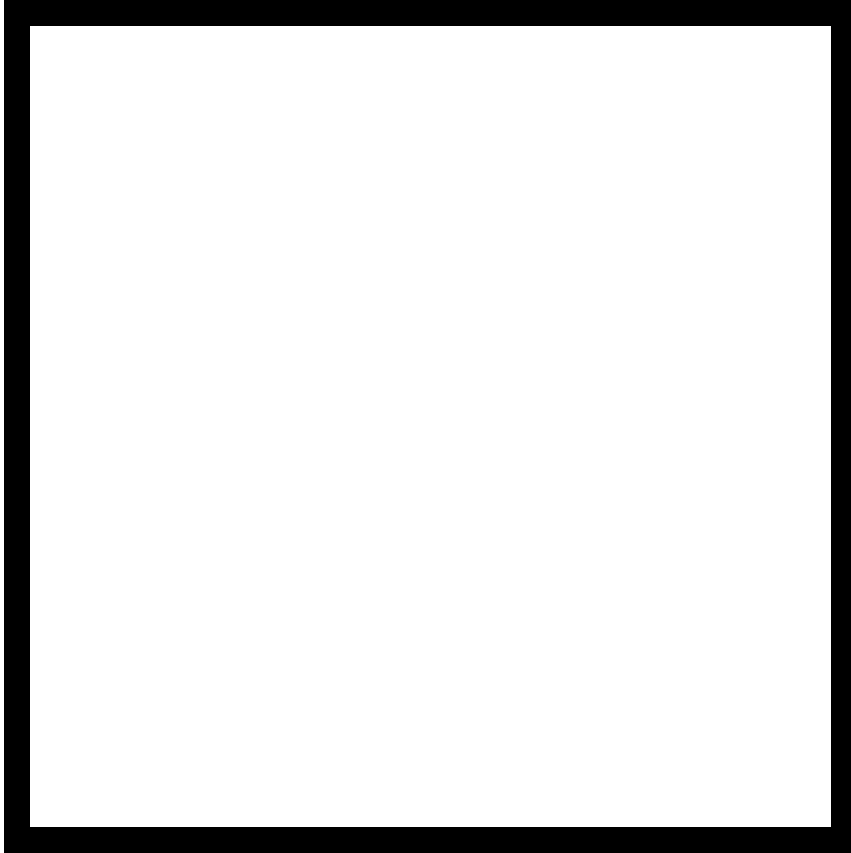
Goals, Objectives, Projects

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Actions To Take

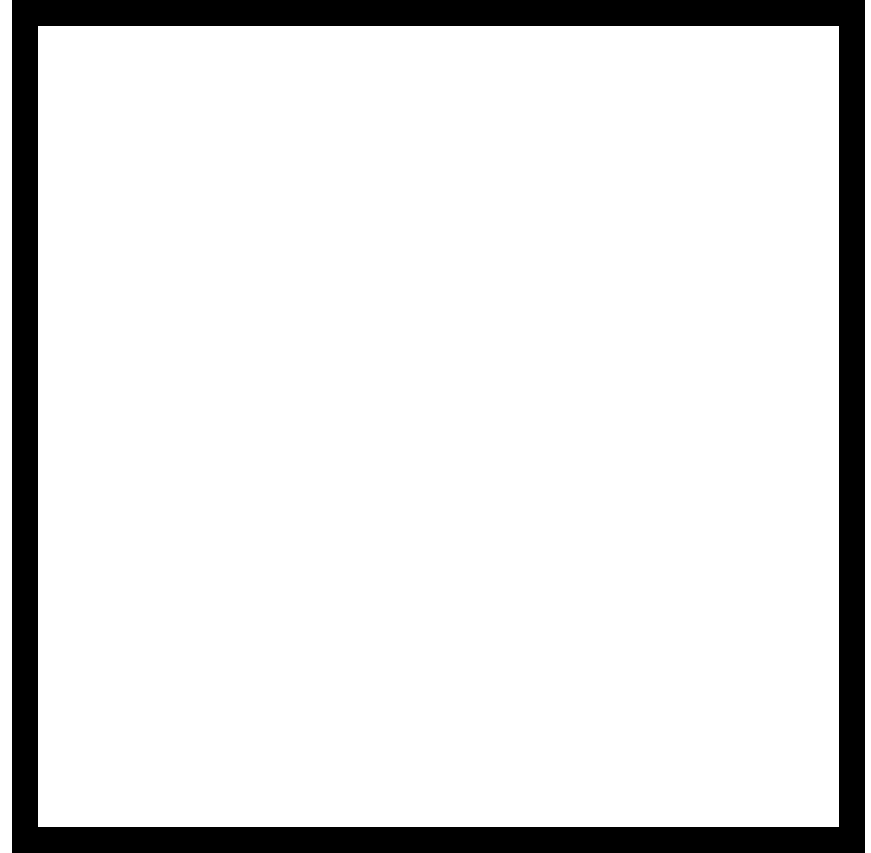
The to-do list, action items, steps toward outcomes

March 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

March 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

March 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



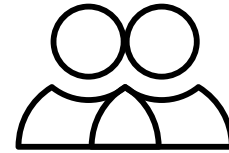
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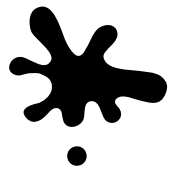
email



texts



team time



creative time

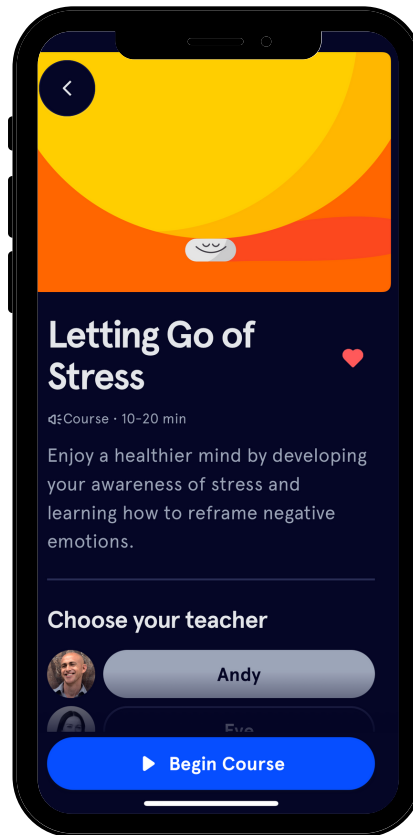
March 2022

**Intentions + Affirmations
+ Gratitudes**



March 2022

Headspace App Meditation



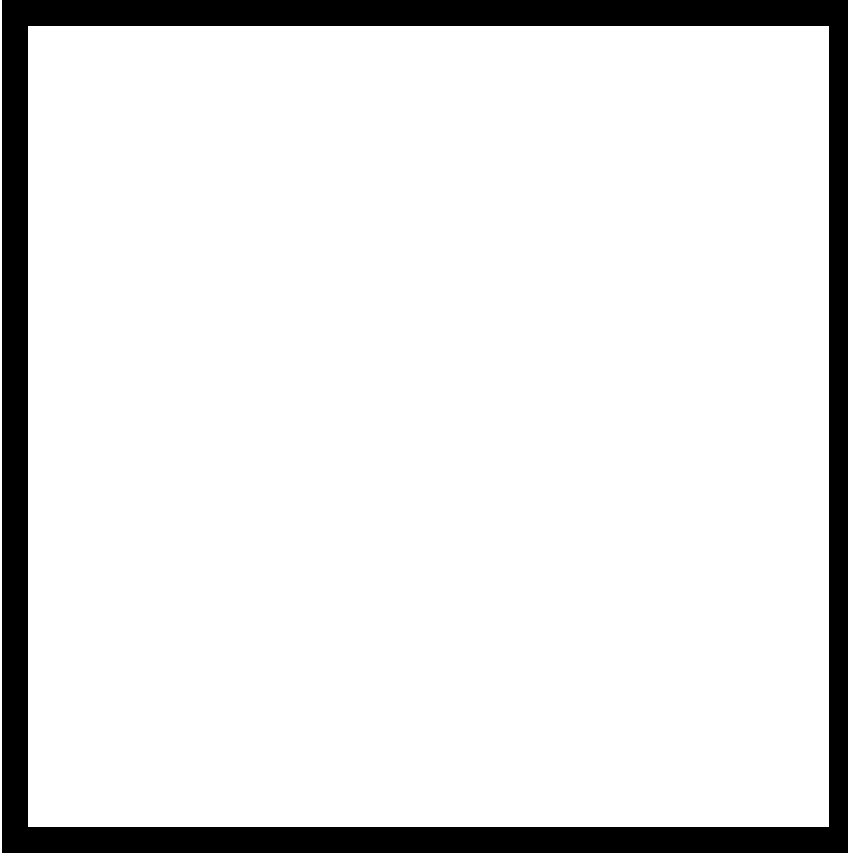
April 2022

**“ People don't
buy what you
do, they buy
why you do it.**

SIMON SINEK

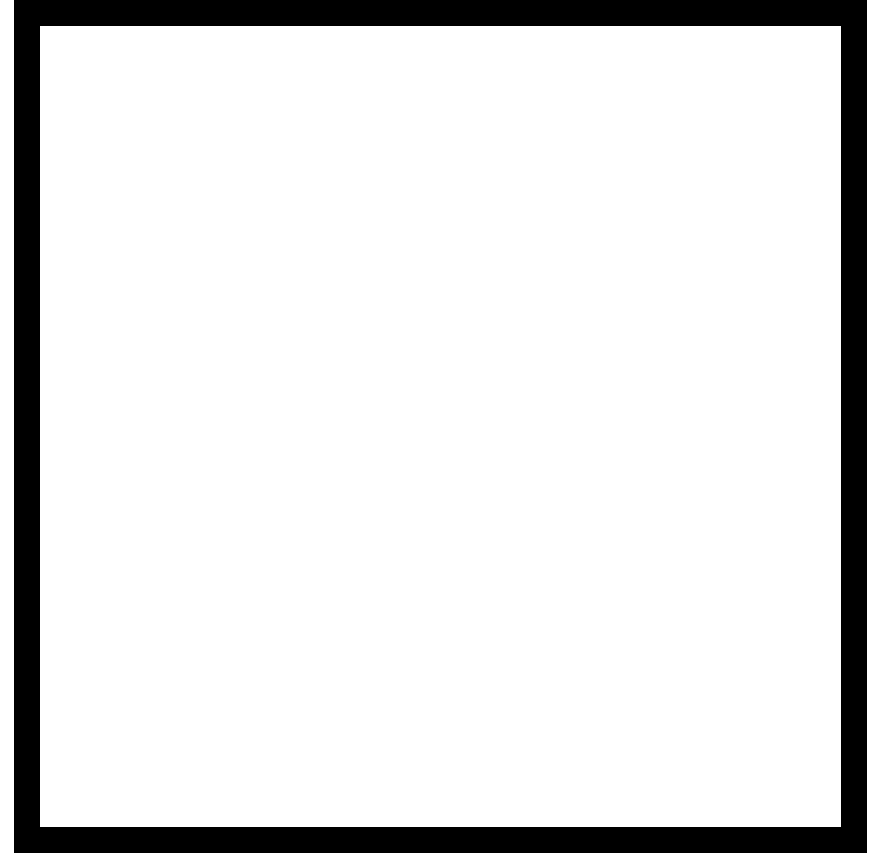


April 2022

A large, empty rectangular box with a thick black border, intended for writing the desired outcome.

Desired Outcome

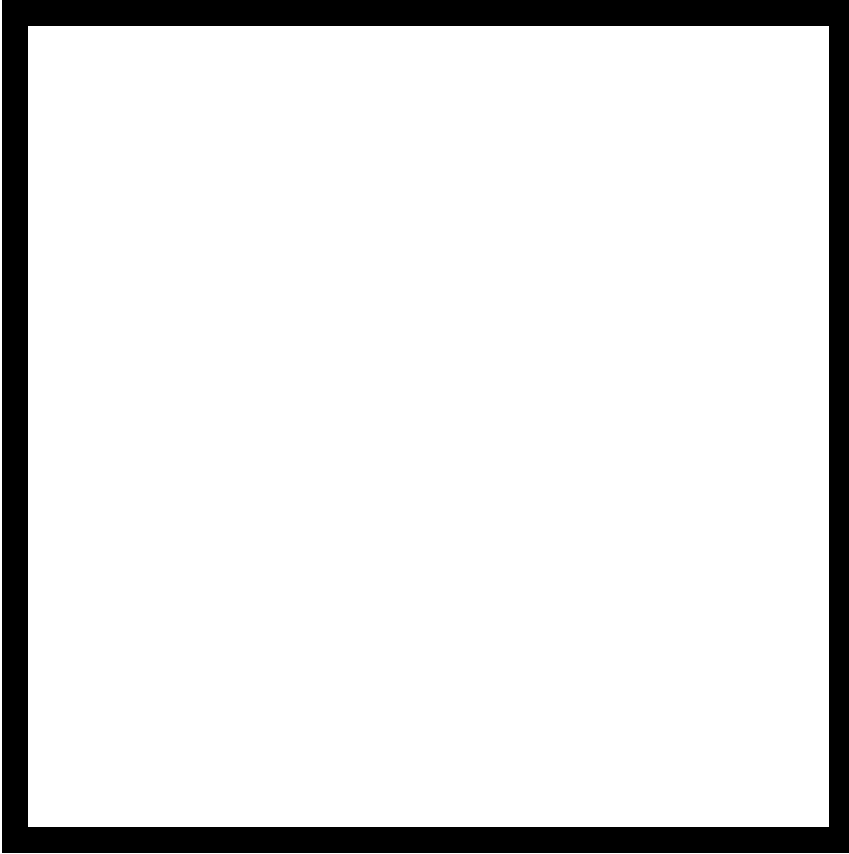
Goals, Objectives, Projects

A large, empty rectangular box with a thick black border, intended for writing the actions to take.

Actions To Take

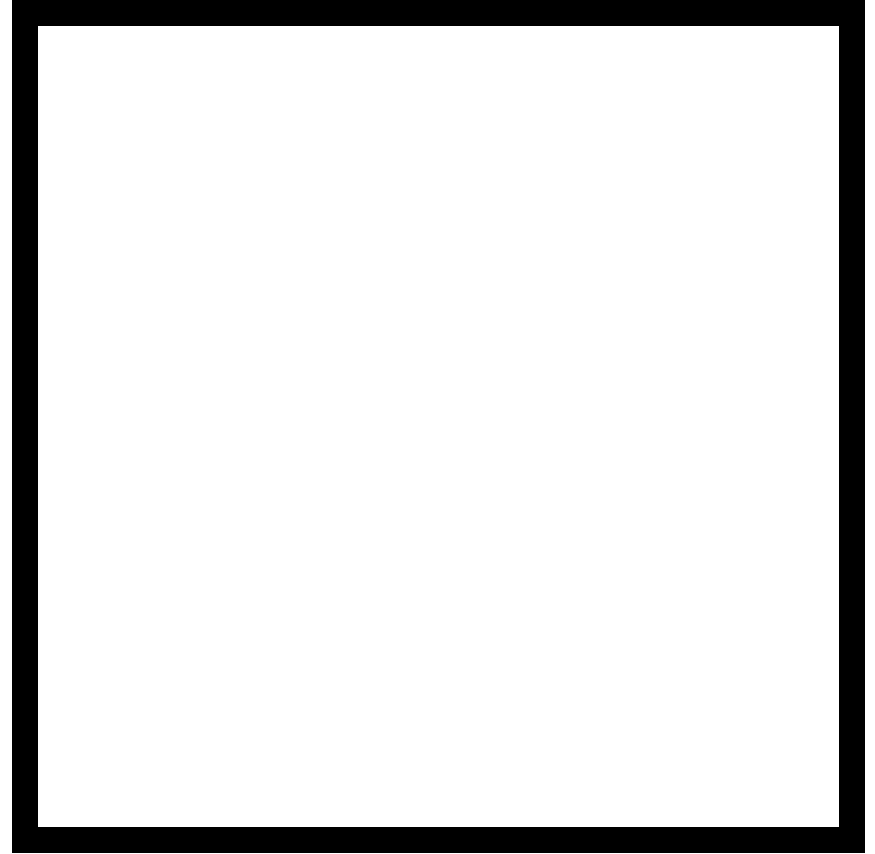
The to-do list, action items, steps toward outcomes.

April 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

April 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

April 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



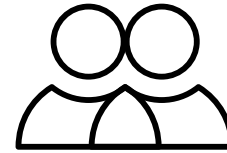
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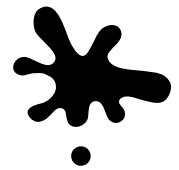
email



texts



team time



creative time

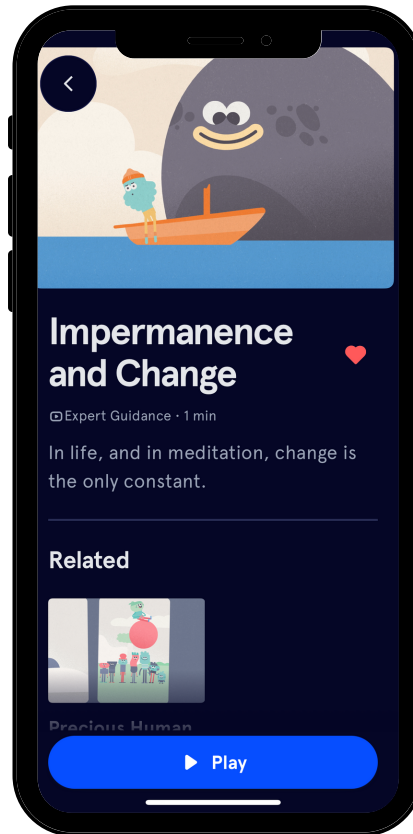
April 2022

Intentions + Affirmations + Gratitudes



April 2022

Headspace App Meditation



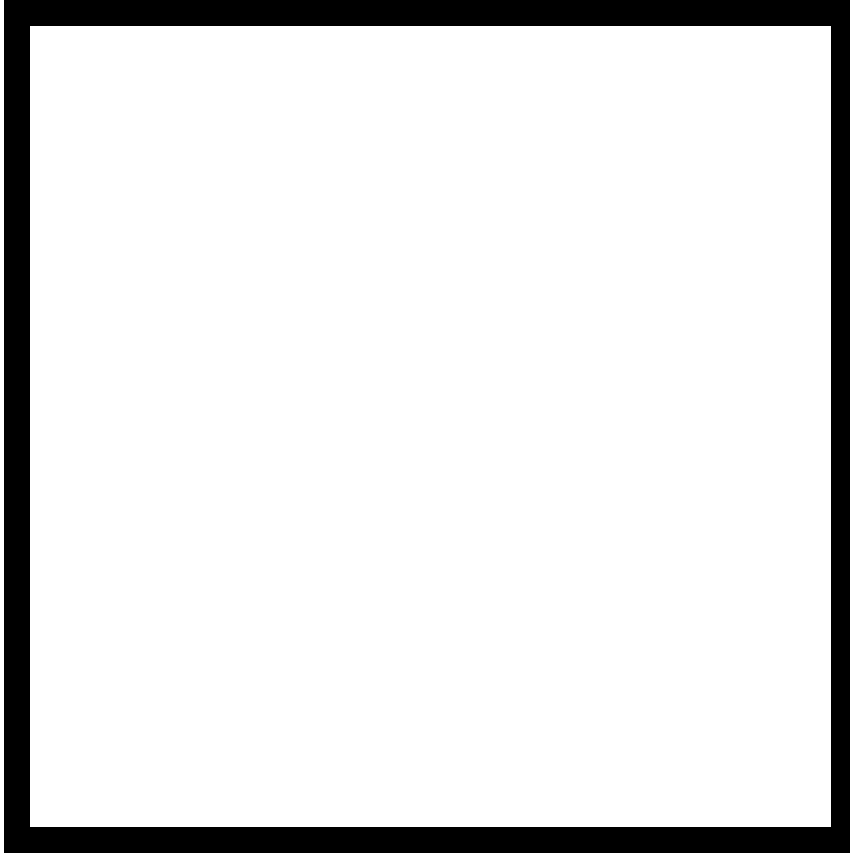
May 2022

**“Be where
your feet are.”**

NINA L KOVNER

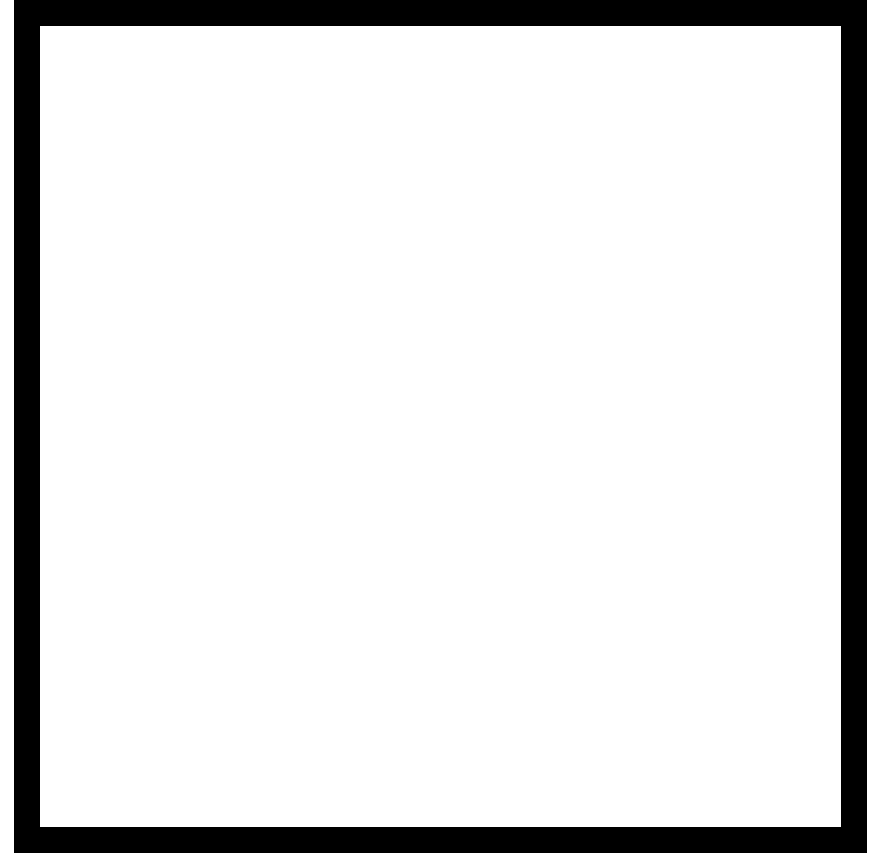


May 2022



Desired Outcome

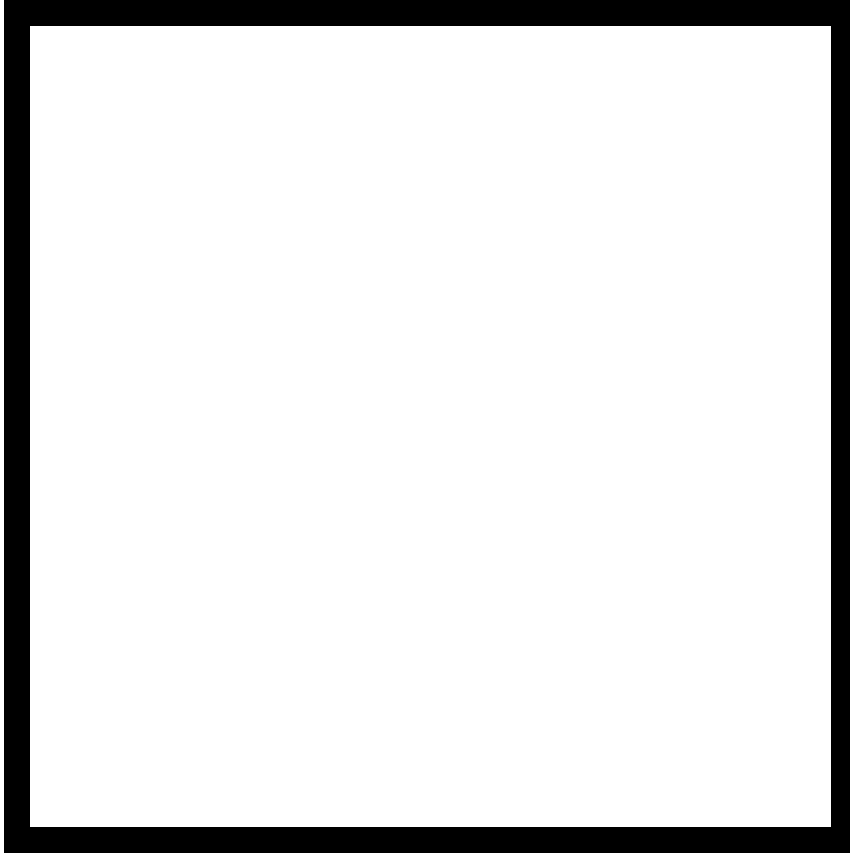
Goals, Objectives, Projects



Actions To Take

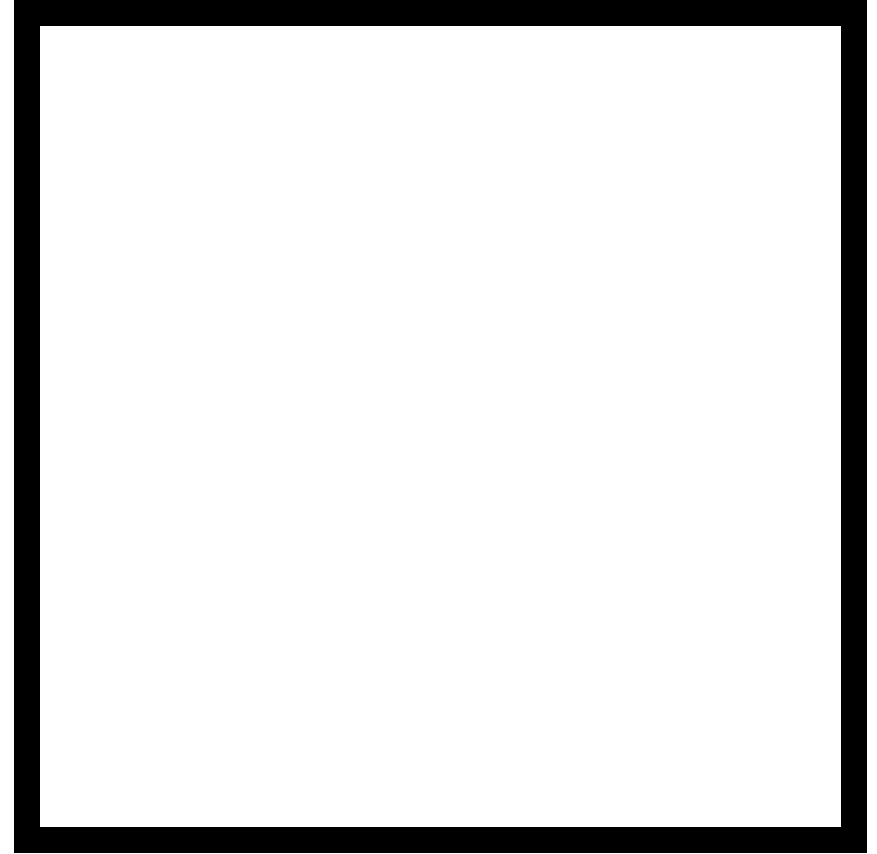
The to-do list, action items, steps toward outcomes.

May 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

May 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



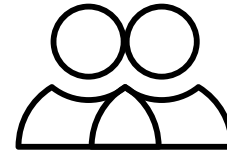
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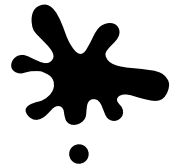
email



texts



team time



creative time

May 2022

Intentions + Affirmations + Gratitudes



May 2022

Headspace App Meditation



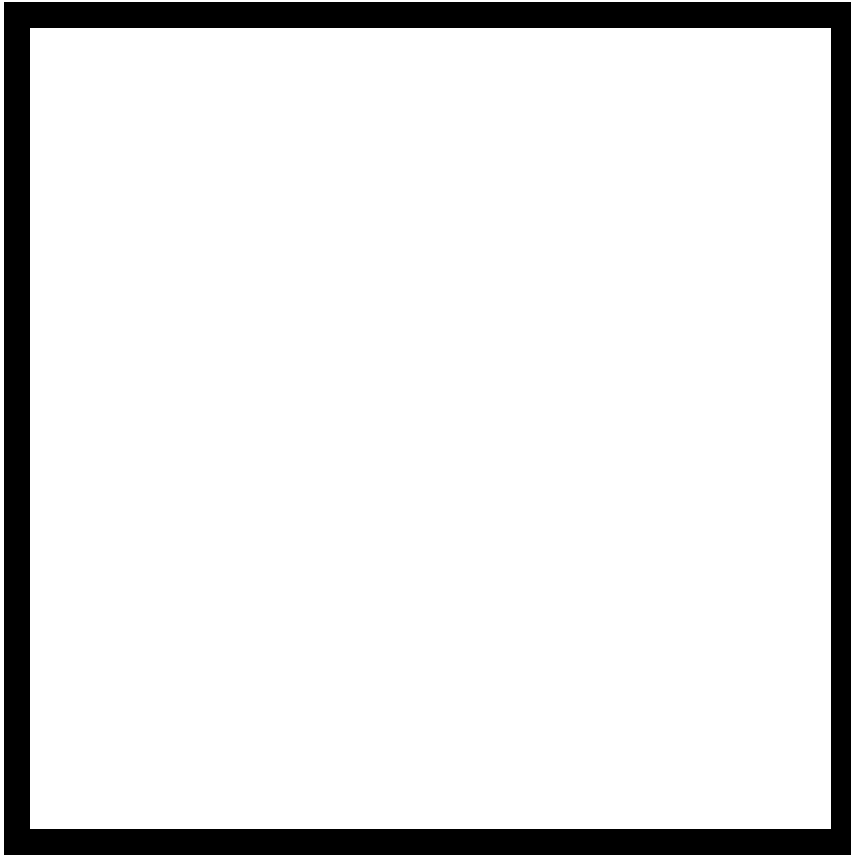
June 2022

**“Almost all
creativity involves
purposeful play.**

ABRAHAM MASLOW

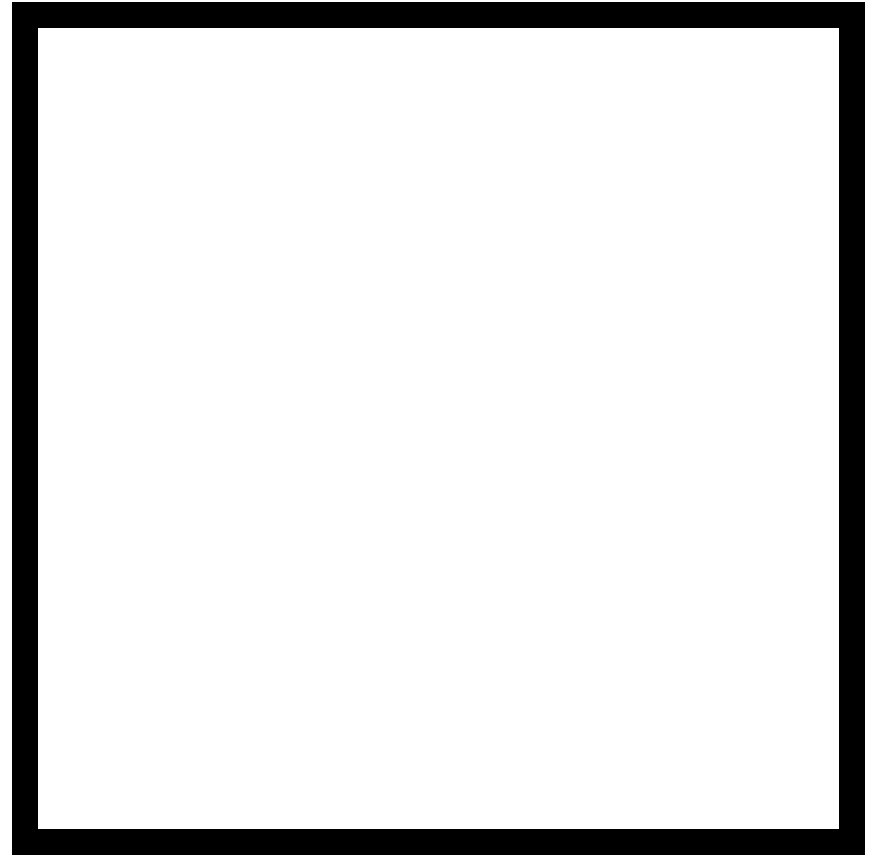


June 2022



Desired Outcome

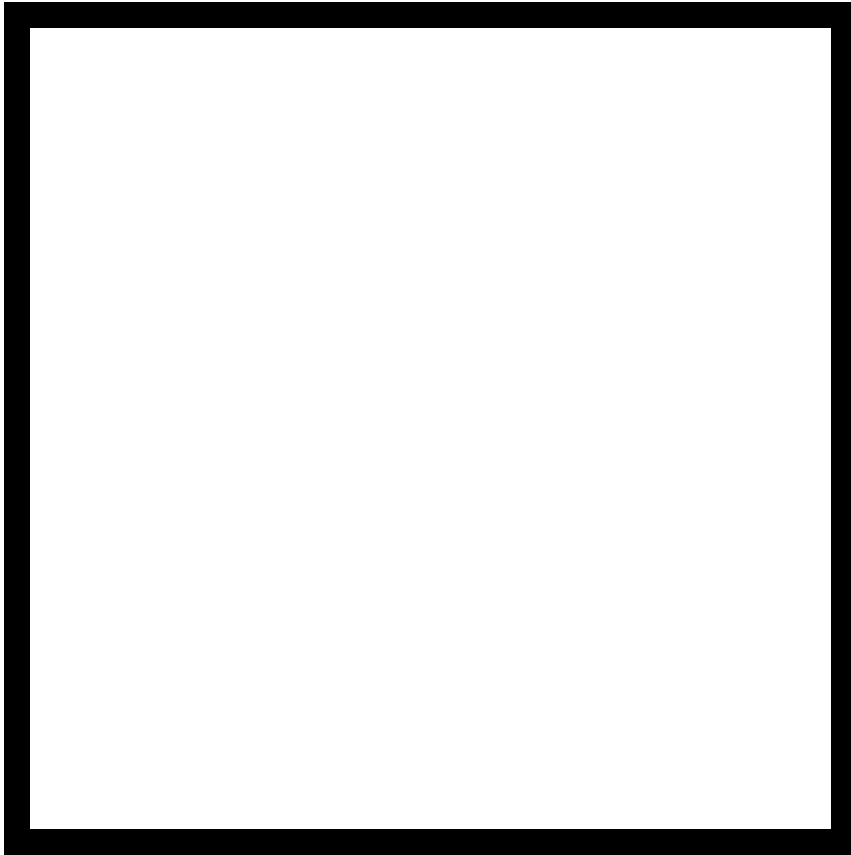
Goals, Objectives, Projects



Actions To Take

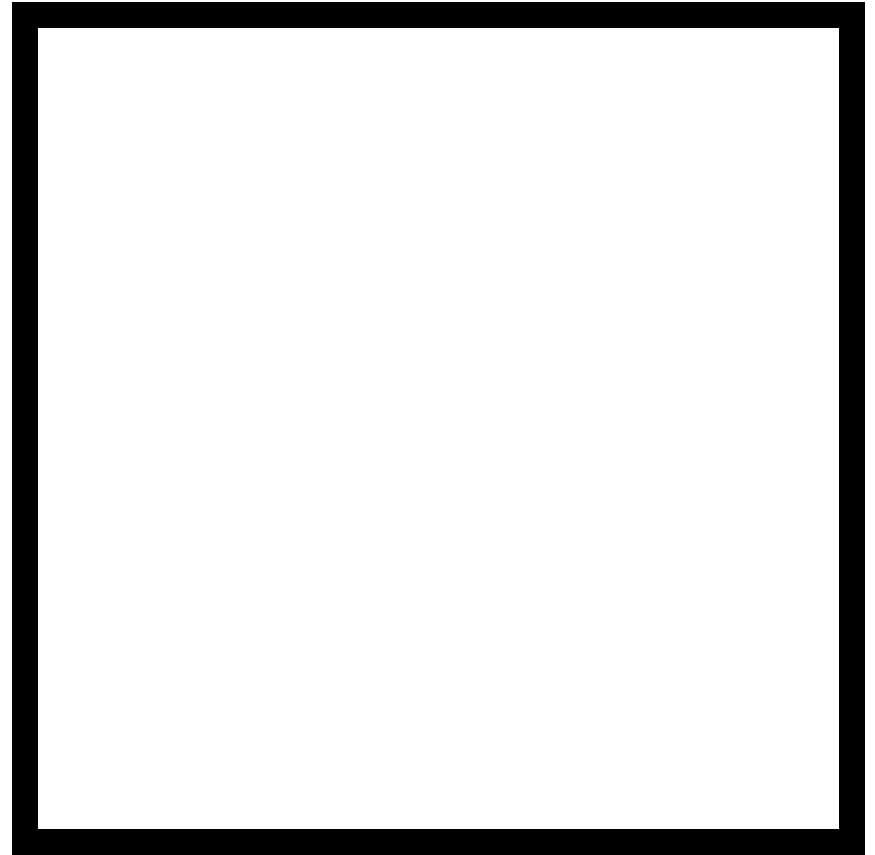
The to-do list, action items, steps toward outcomes.

June 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

June 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

June 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



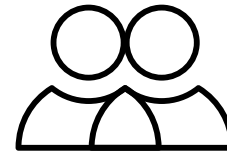
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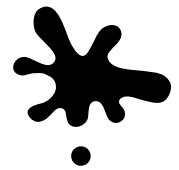
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texts



team time



creative time

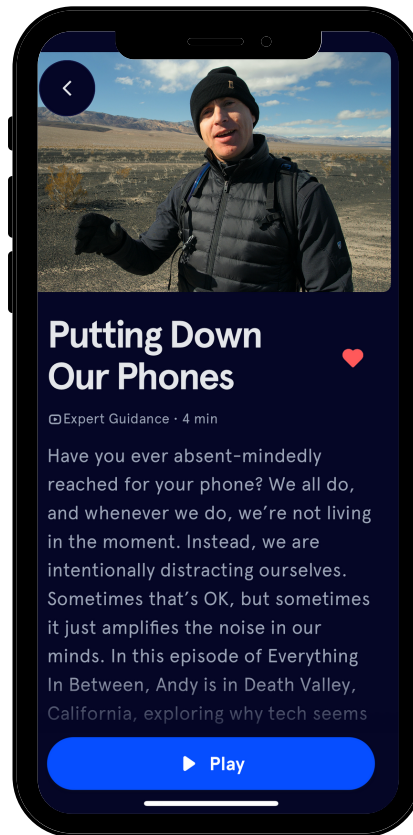
June 2022

Intentions + Affirmations + Gratitudes



June 2022

Headspace App Meditation



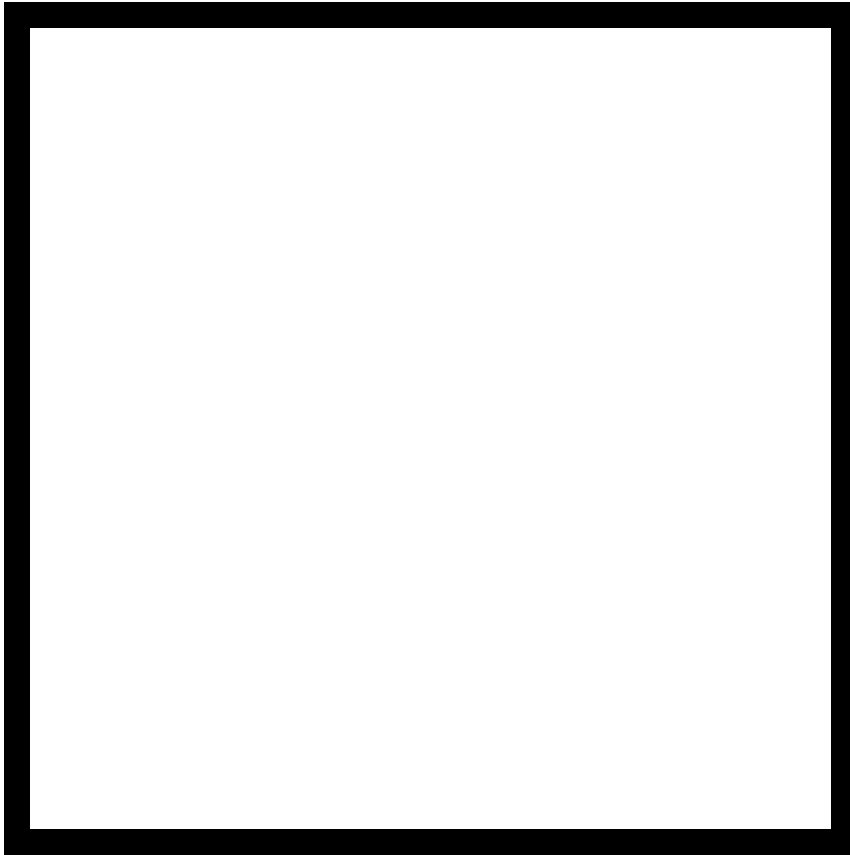
July 2022

**“Focus on
finding your
rhythm.”**

NINA L. KOVNER

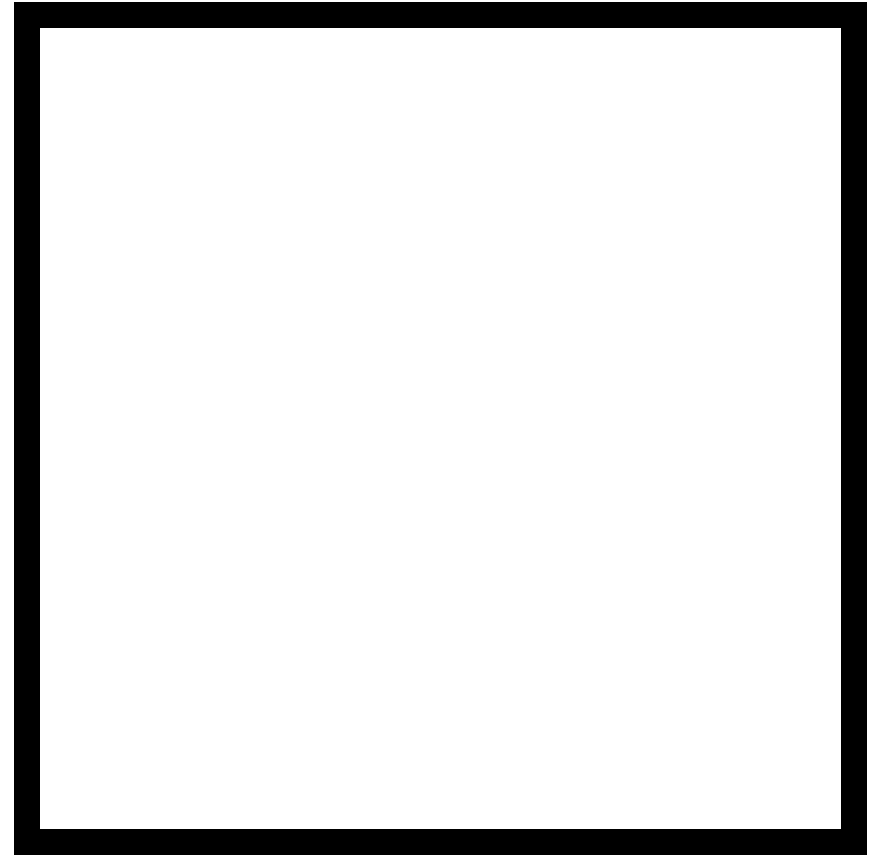


July 2022

A large, empty rectangular box with a thick black border, intended for writing the desired outcome for July 2022.

Desired Outcome

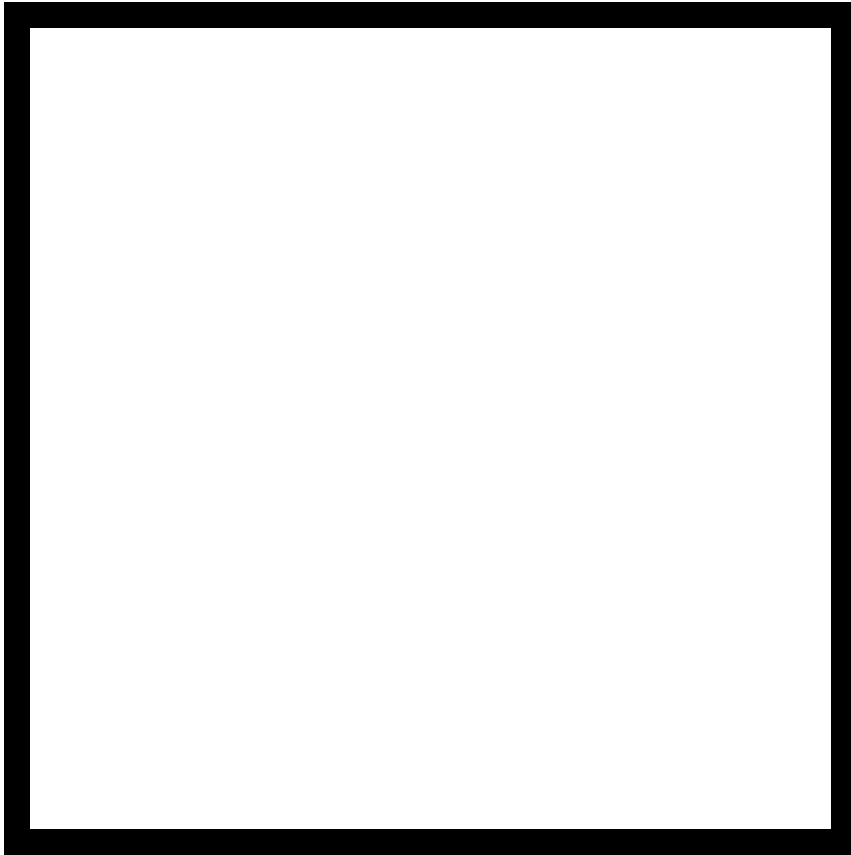
Goals, Objectives, Projects

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Actions To Take

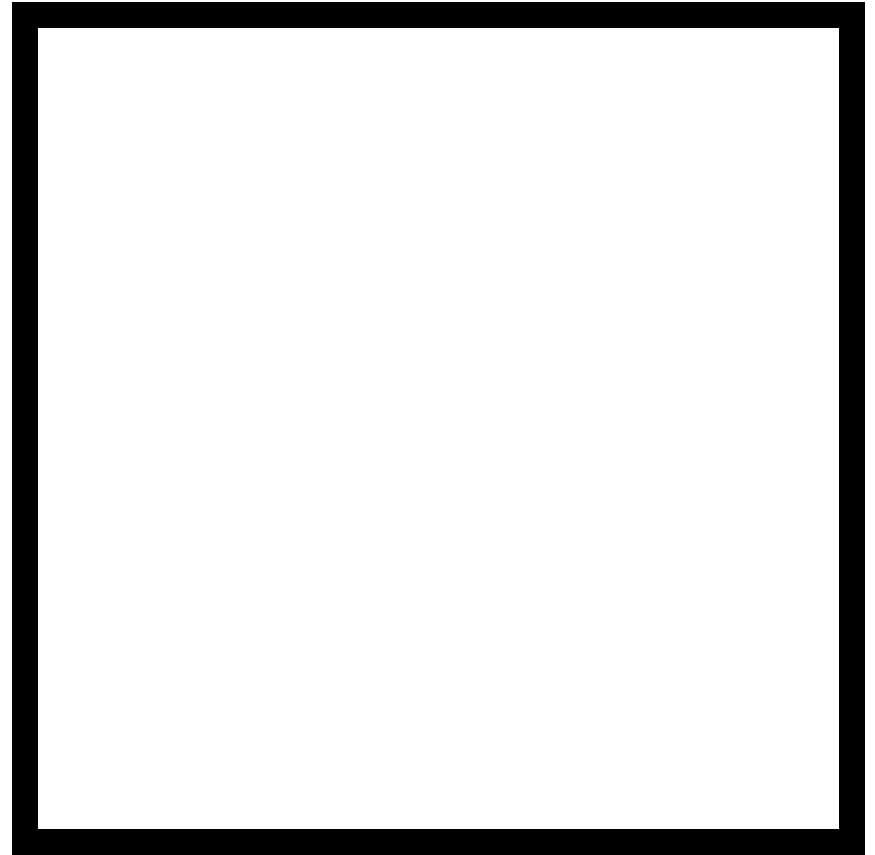
The to-do list, action items, steps toward outcomes.

July 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

July 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



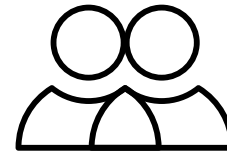
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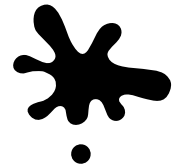
email



texts



team time



creative time

July 2022

Intentions + Affirmations + Gratitudes



July 2022

Headspace App Meditation



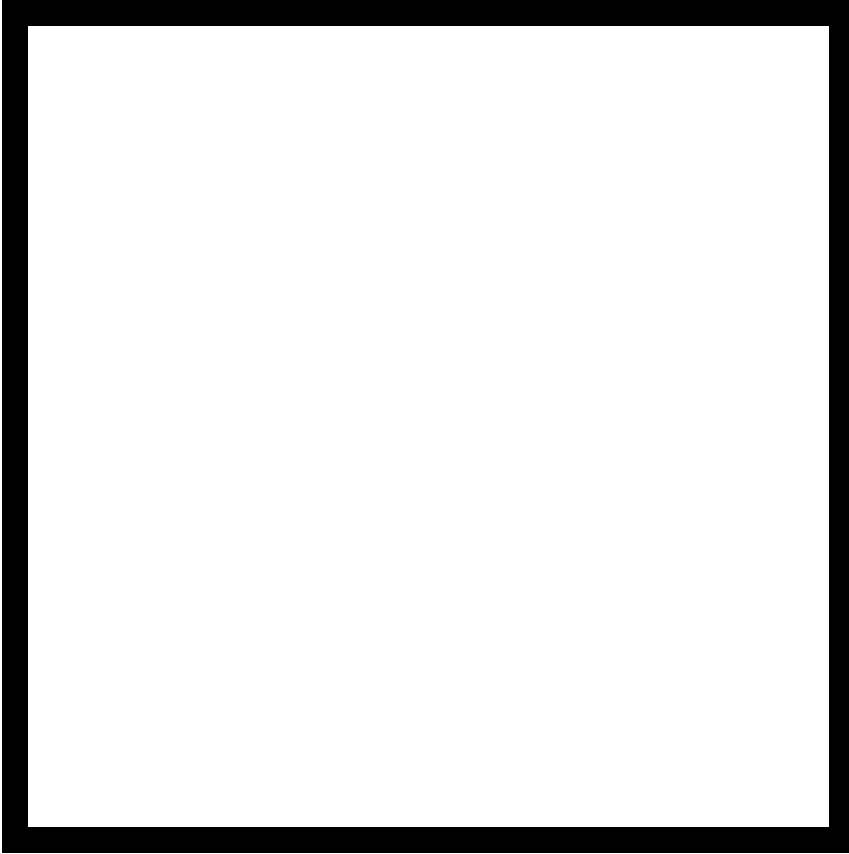
August 2022

“Daring to set boundaries is about having the courage to love ourselves even when we risk disappointing others.”

BRENE BROWN

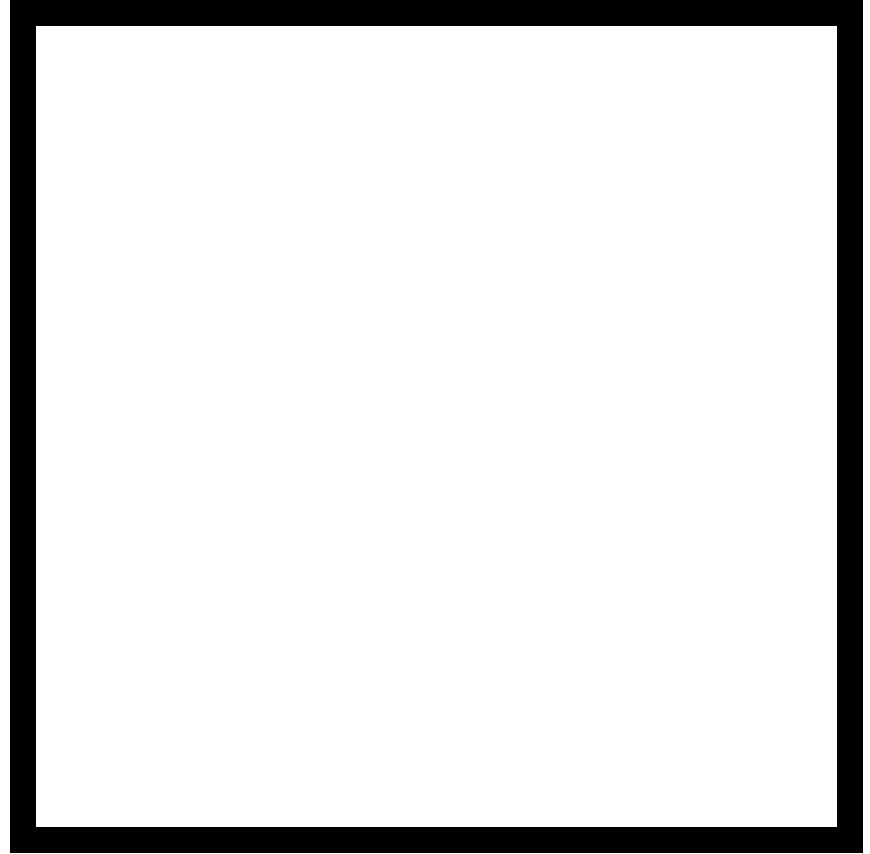


August 2022



Desired Outcome

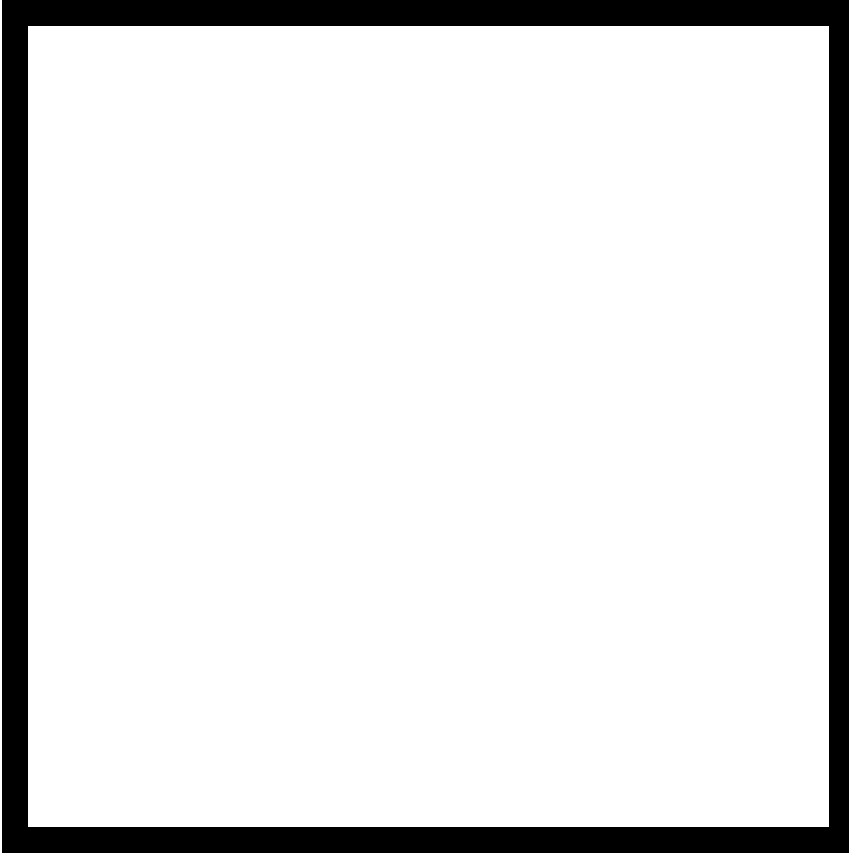
Goals, Objectives, Projects



Actions To Take

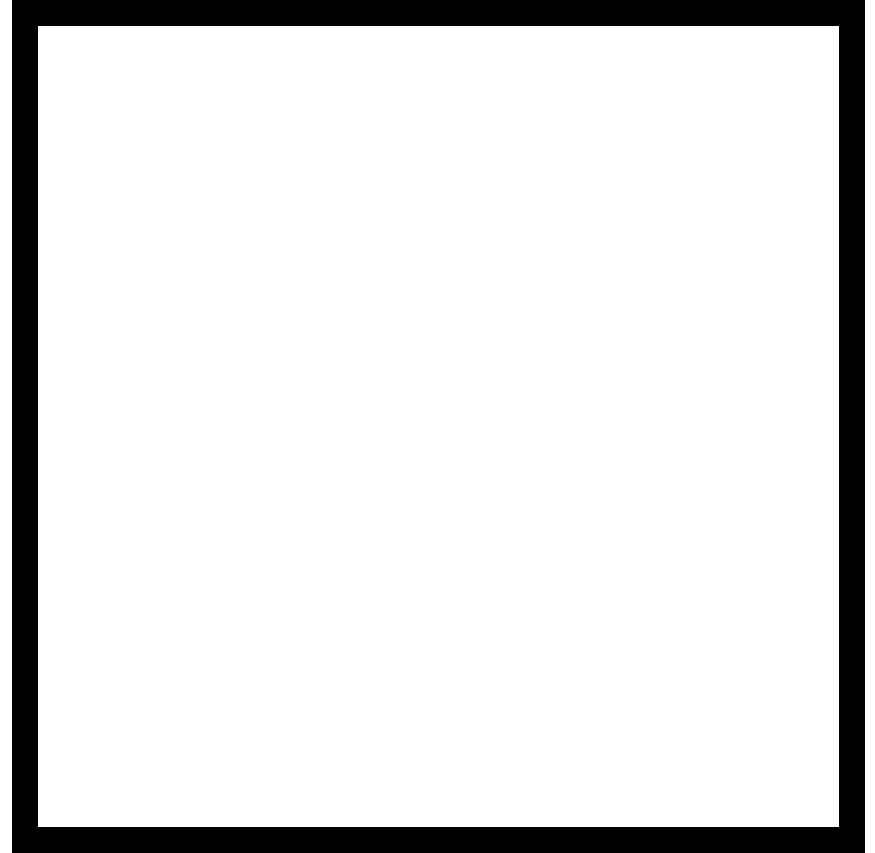
The to-do list, action items, steps toward outcomes.

August 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

August 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

August 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



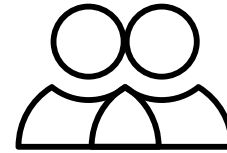
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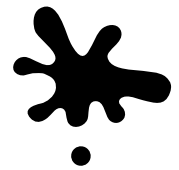
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texts



team time



creative time

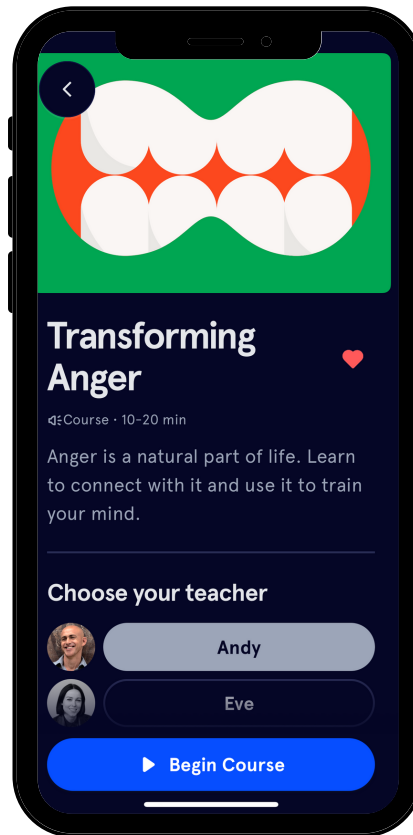
August 2022

**Intentions + Affirmations
+ Gratitudes**



August 2022

Headspace App Meditation



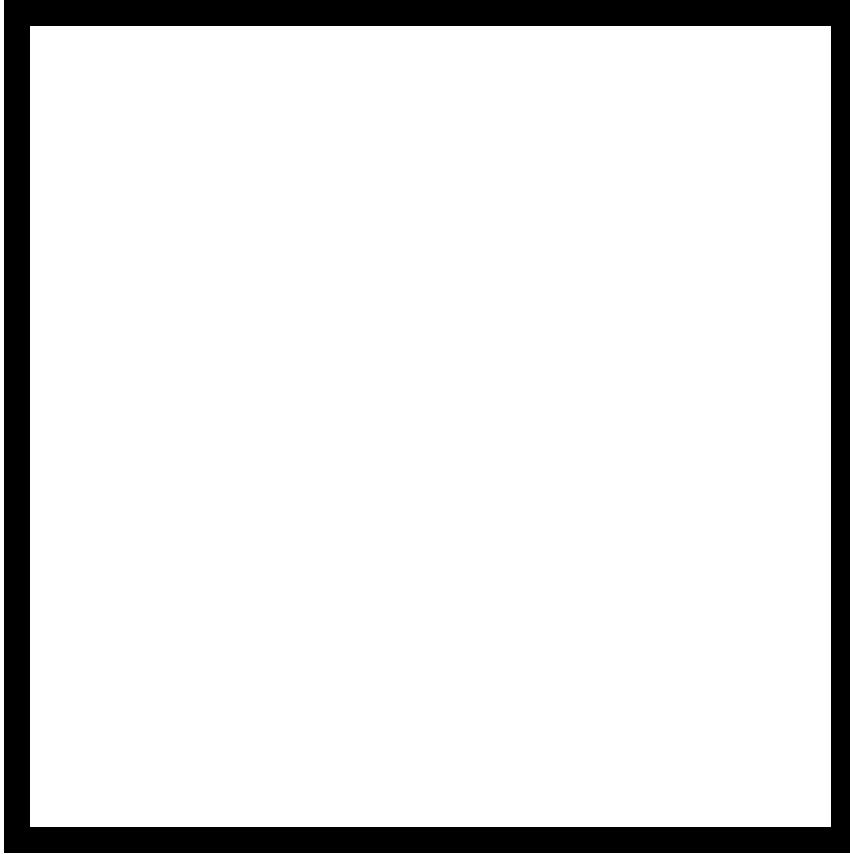
September 2022

**“ And the sun took a
step back, the leaves
lulled themselves to
sleep and autumn
was awakened.**

RAQUEL FRANCO

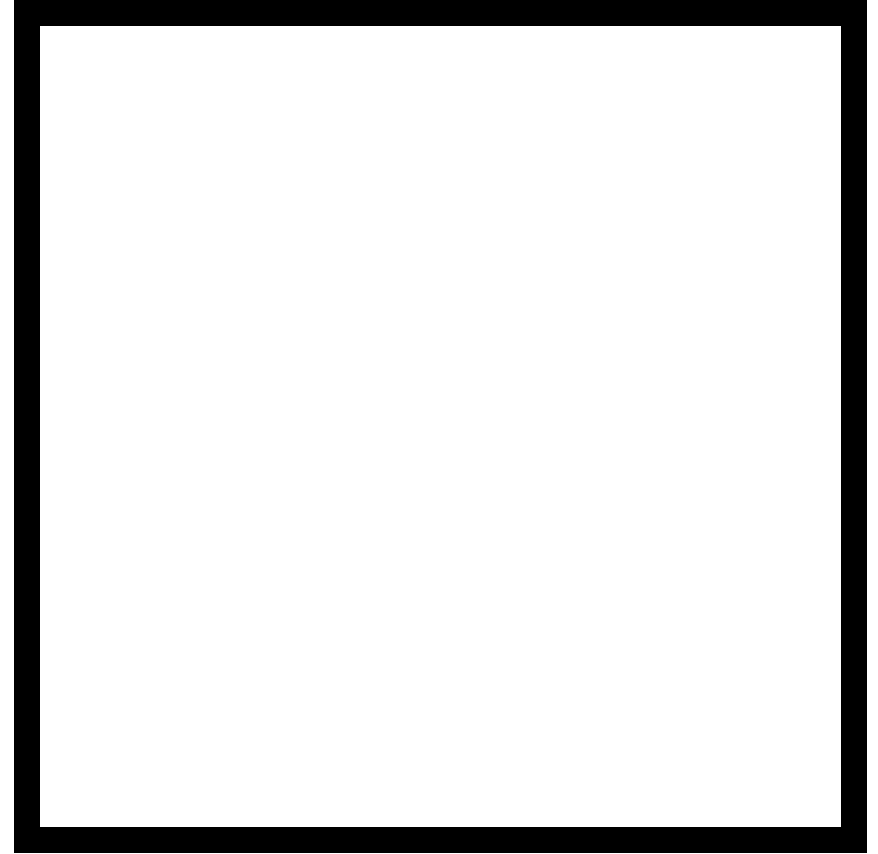


September 2022



Desired Outcome

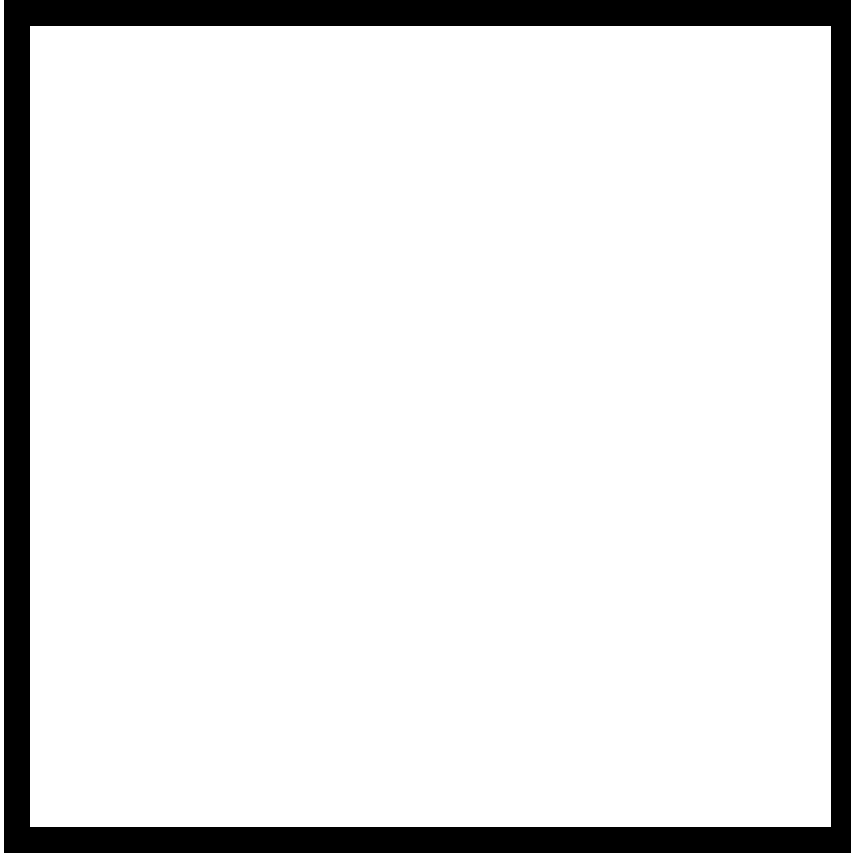
Goals, Objectives, Projects



Actions To Take

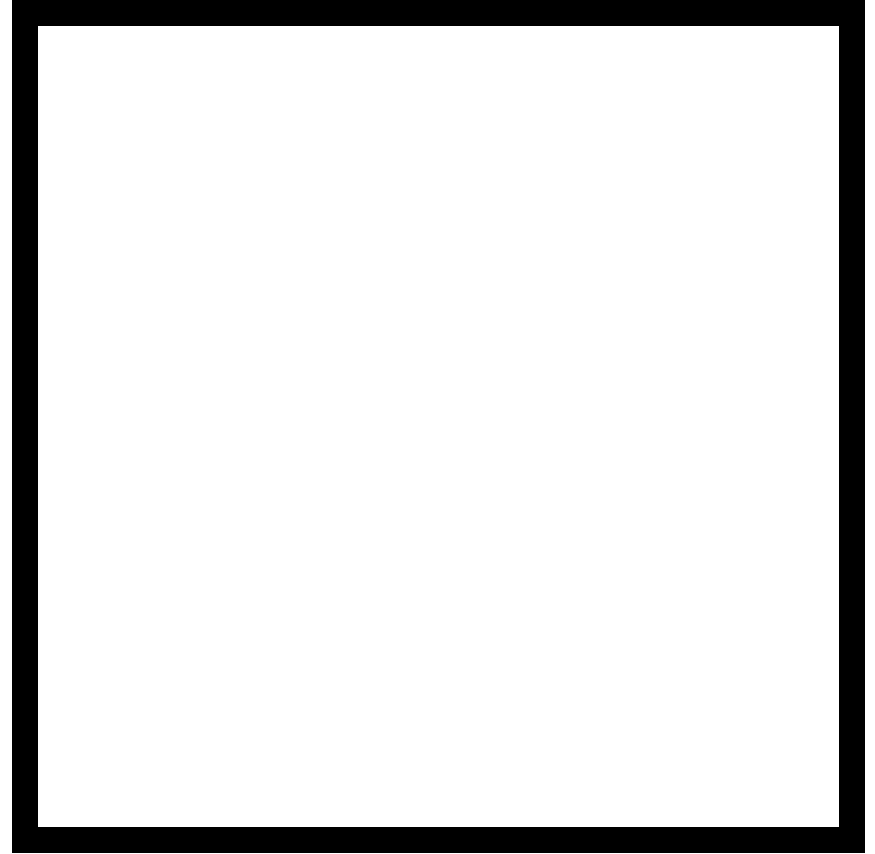
The to-do list, action items, steps toward outcomes.

September 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

September 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



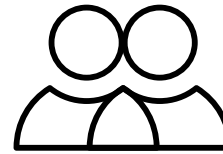
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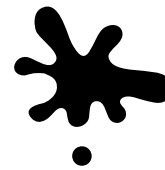
email



texts



team time



creative time

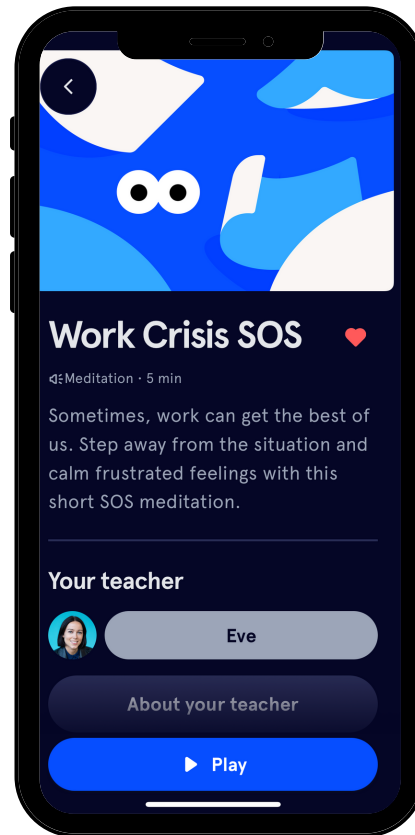
September 2022

**Intentions + Affirmations
+ Gratitudes**



September 2022

Headspace App Meditation



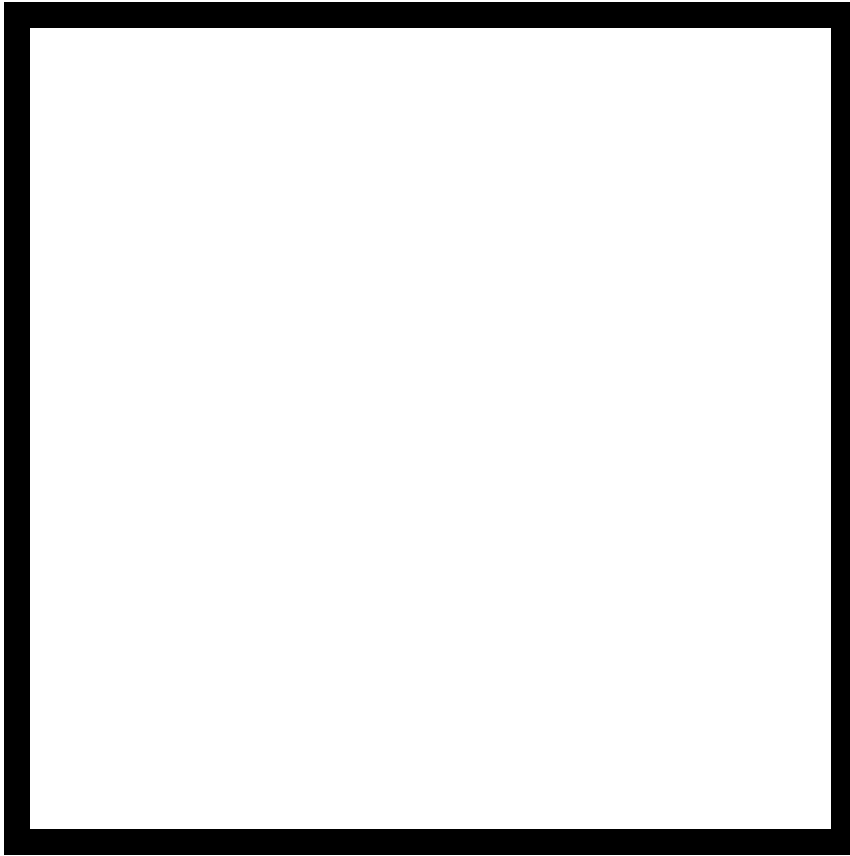
October 2022

“ We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty.

MAYA ANGELOU

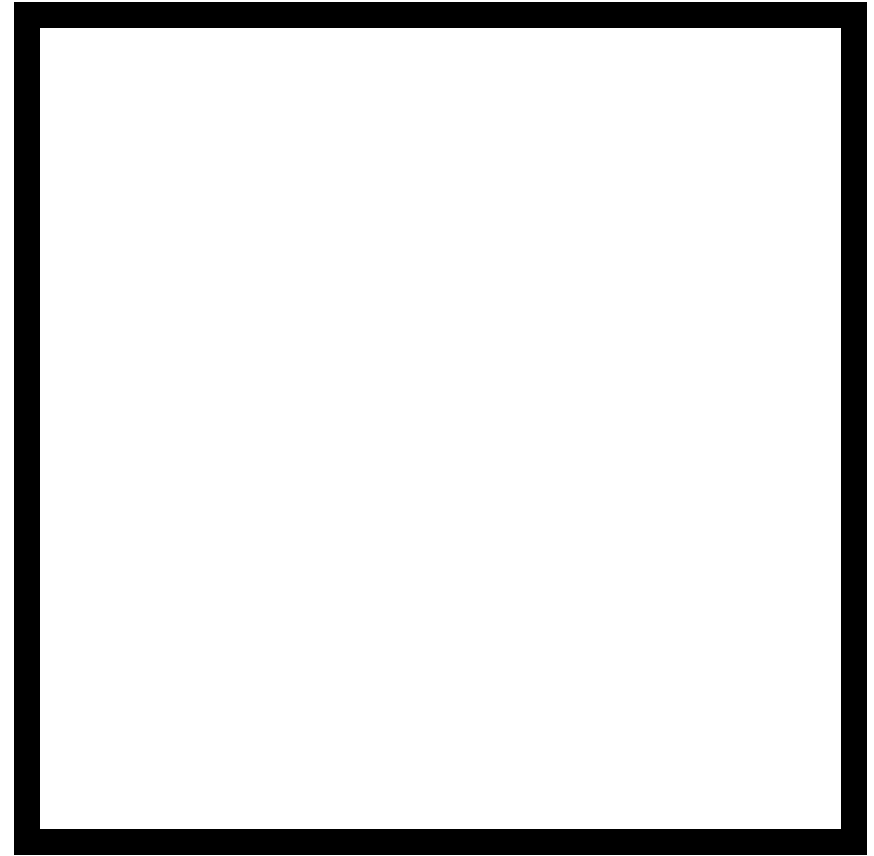


October 2022



Desired Outcome

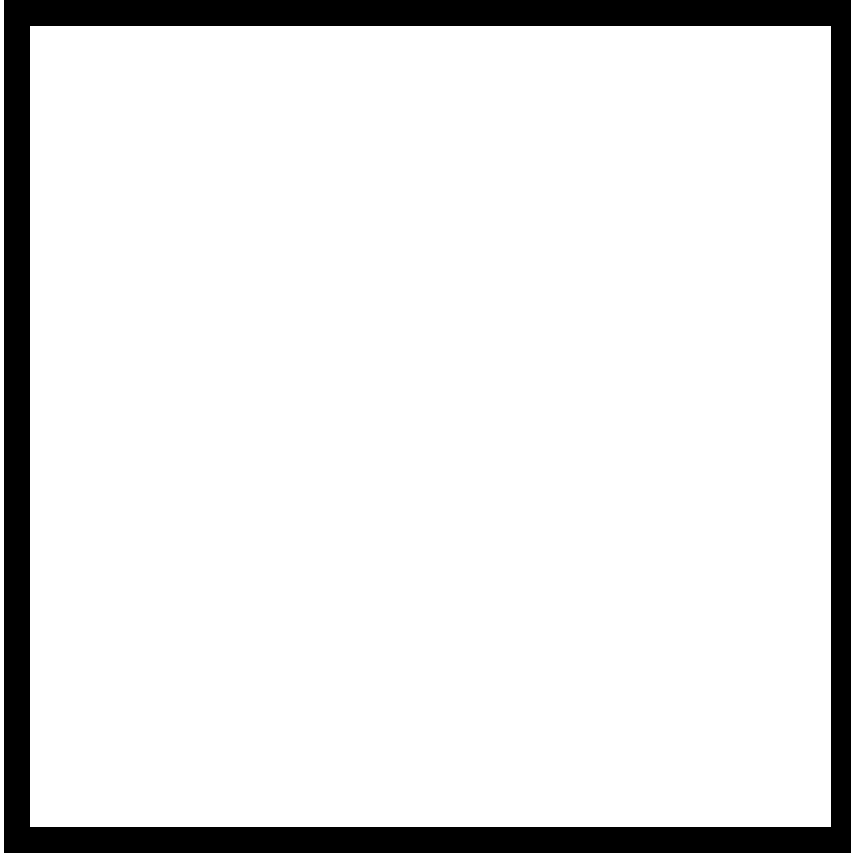
Goals, Objectives, Projects



Actions To Take

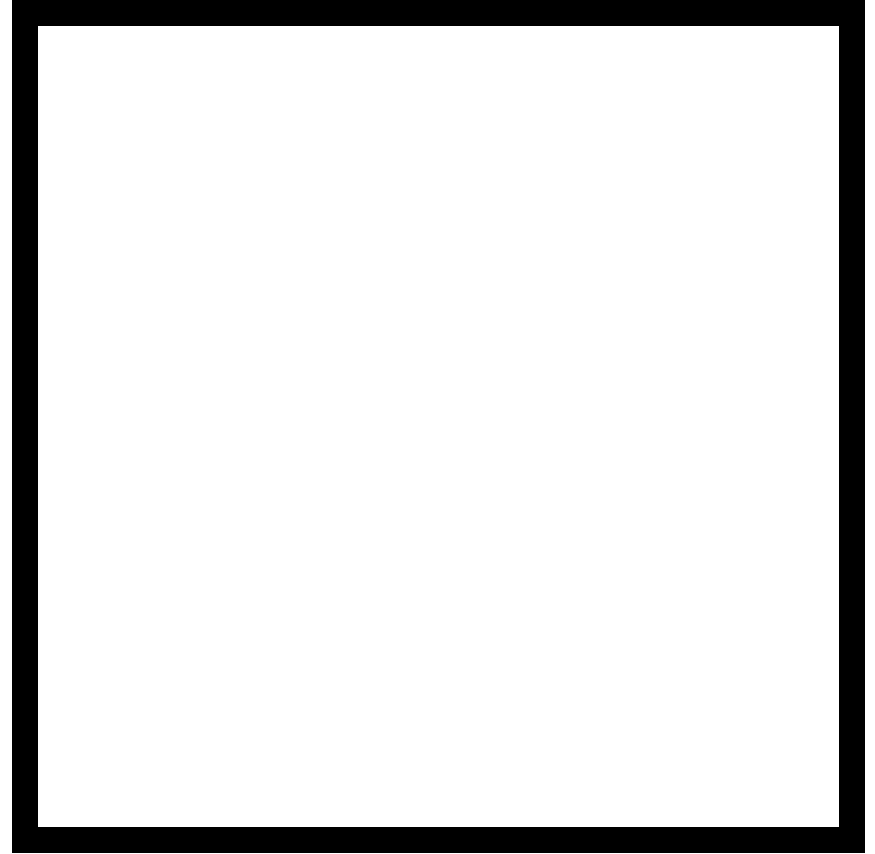
The to-do list, action items, steps toward outcomes.

October 2022



Resources Needed

What do you need to reach your outcomes and actions.



Feels To Feel

How do you want to feel, how will you make time and create space to feel them.

October 2022

Desired Outcome

Actions To Take

Resources Needed

Feels To Feel

October 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



play



rest



social
break



reading



writing



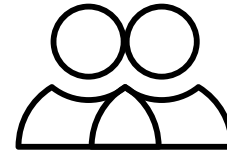
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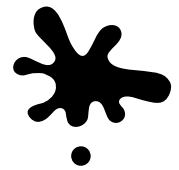
email



texts



team time



creative time

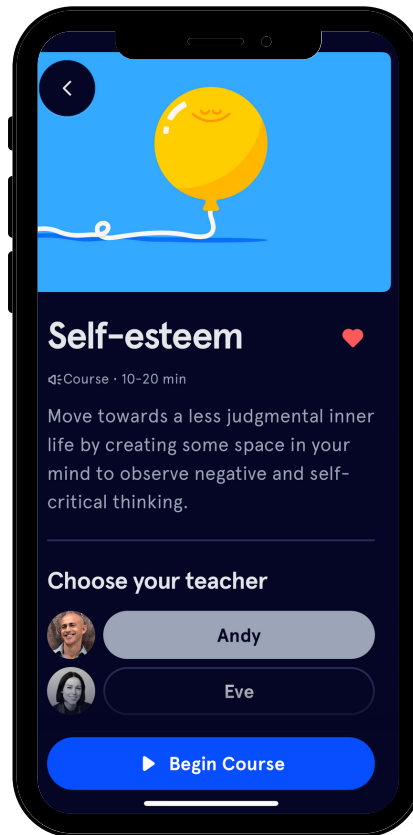
October 2022

**Intentions + Affirmations
+ Gratitudes**



October 2022

Headspace App Meditation



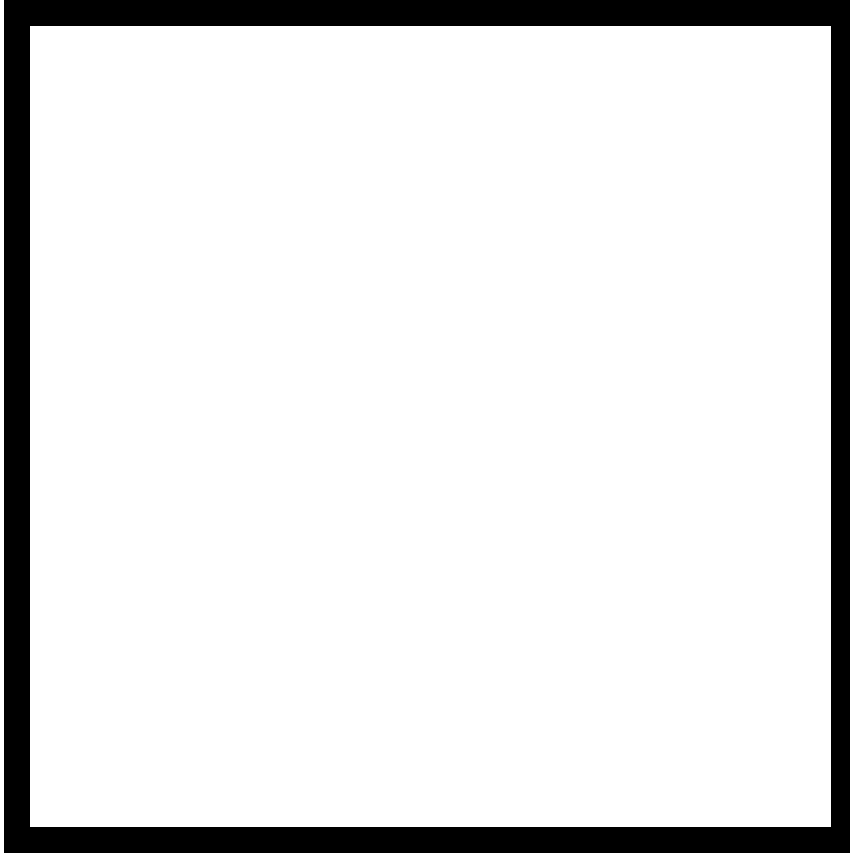
November 2022

“ Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom.

MARCEL PROUST

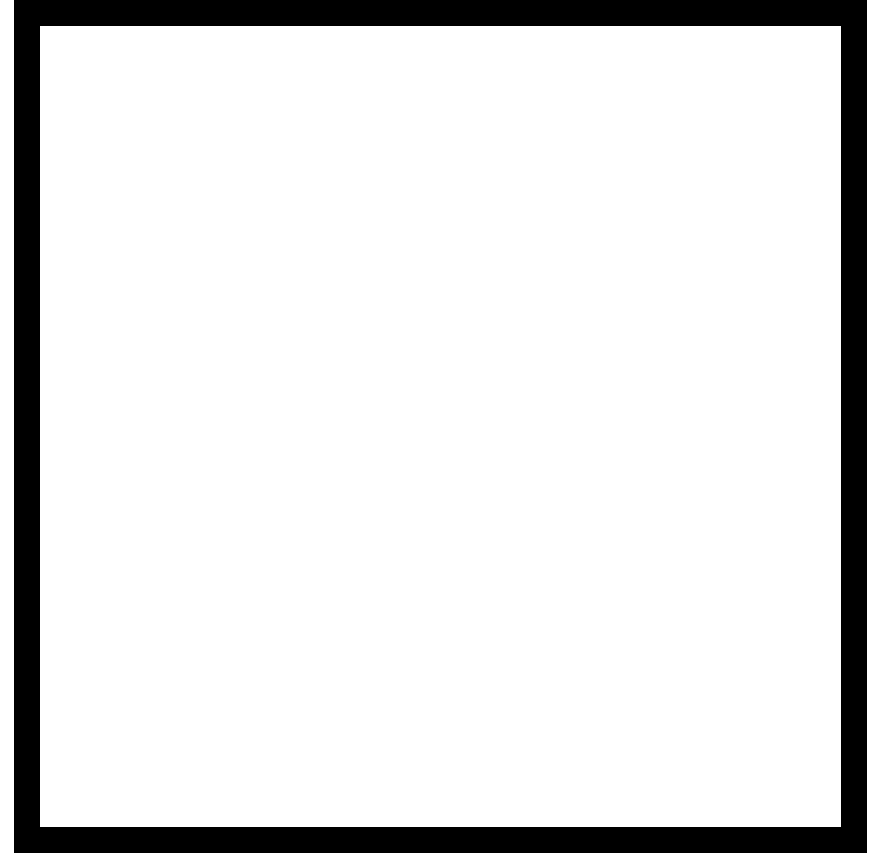


November 2022



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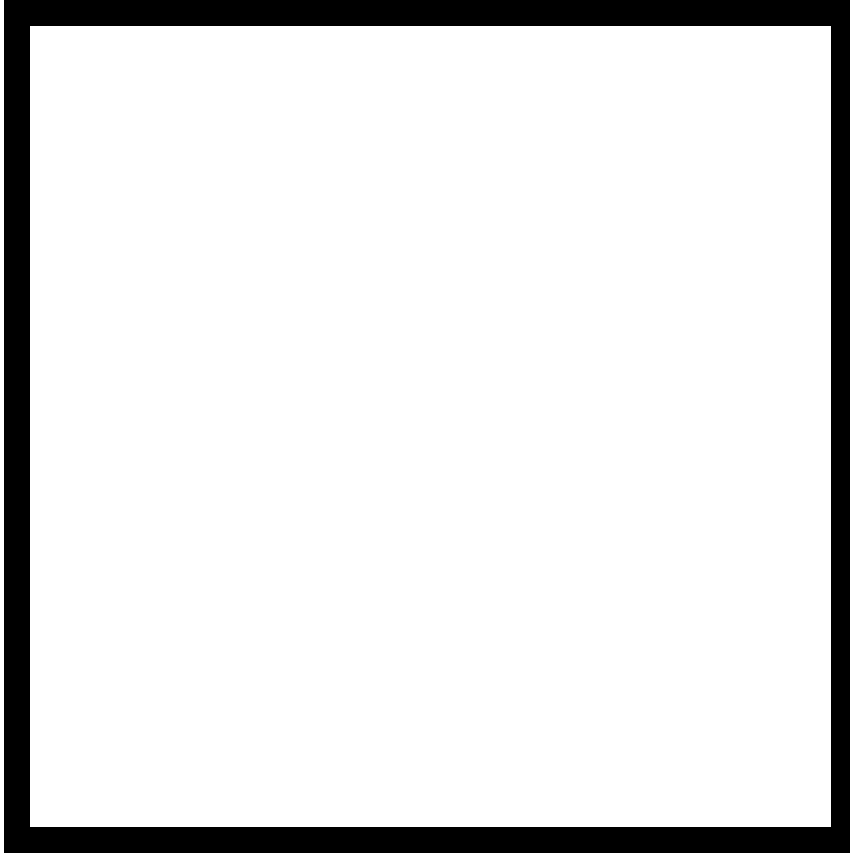
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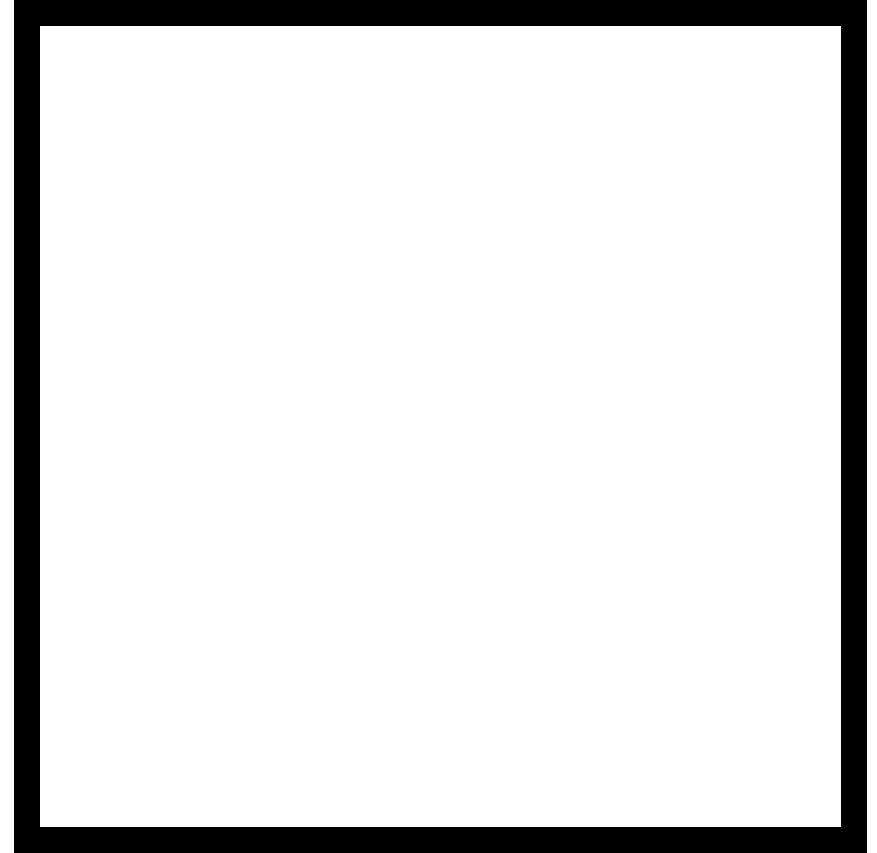
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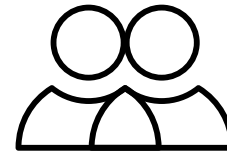
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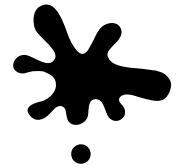
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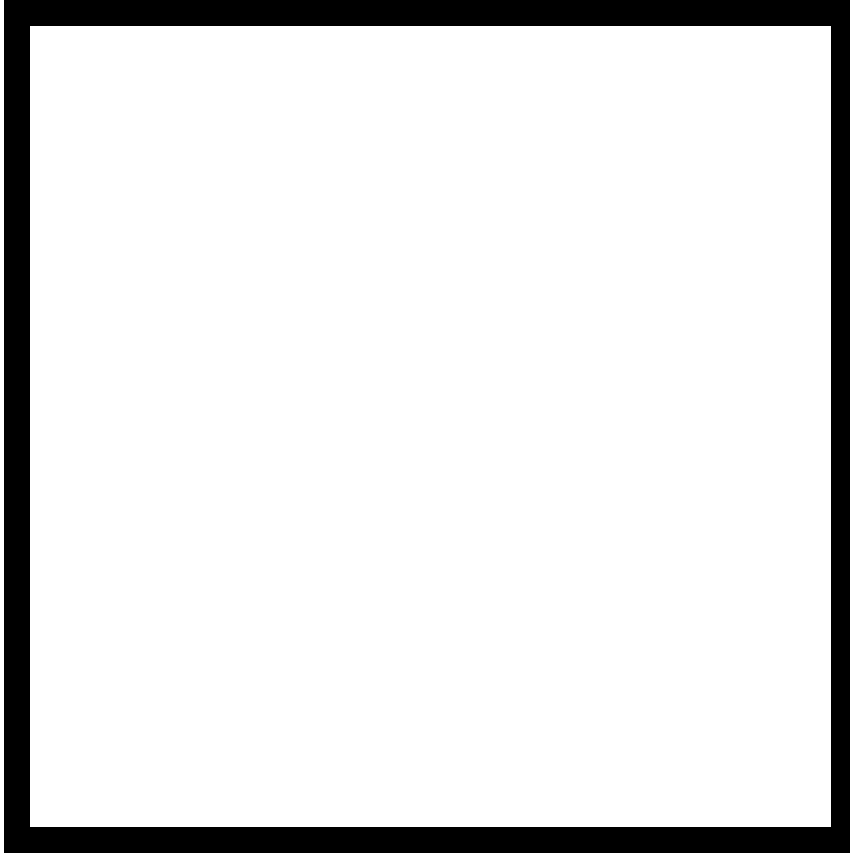
December 2022

**“Be where
your feet are.”**

NINA L KOVNER

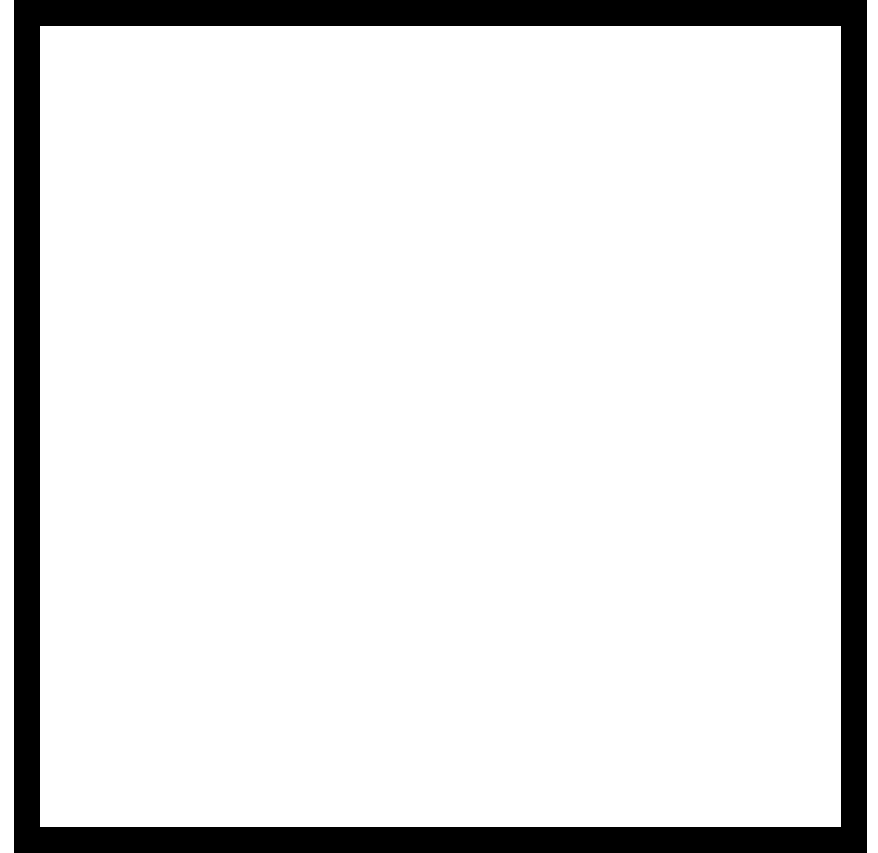


December 2022



Desired Outcome

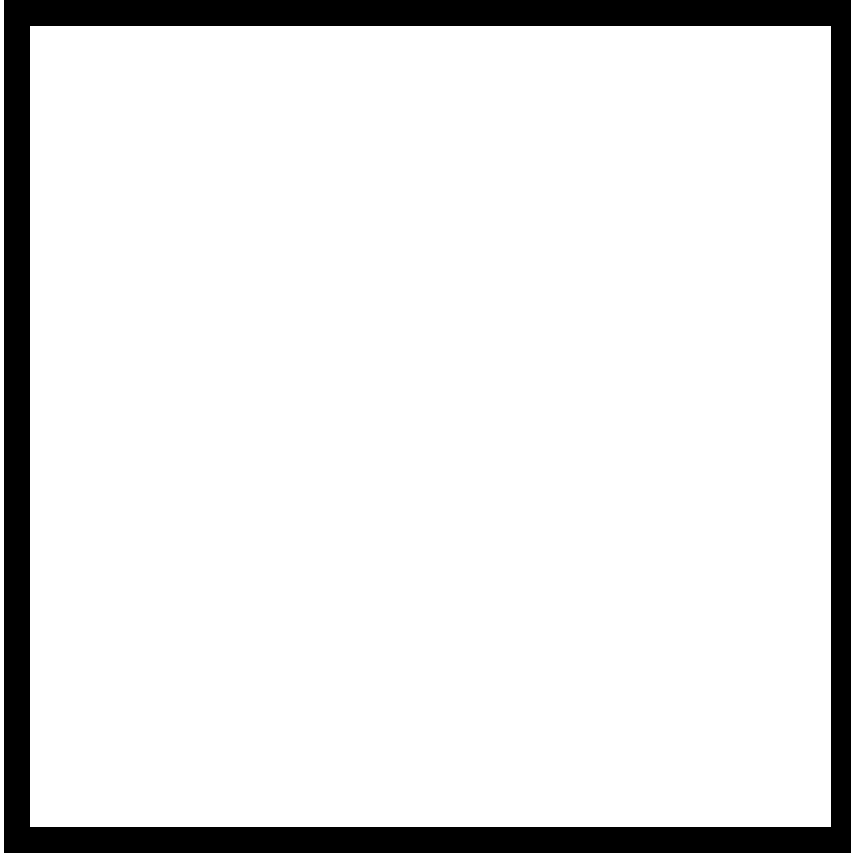
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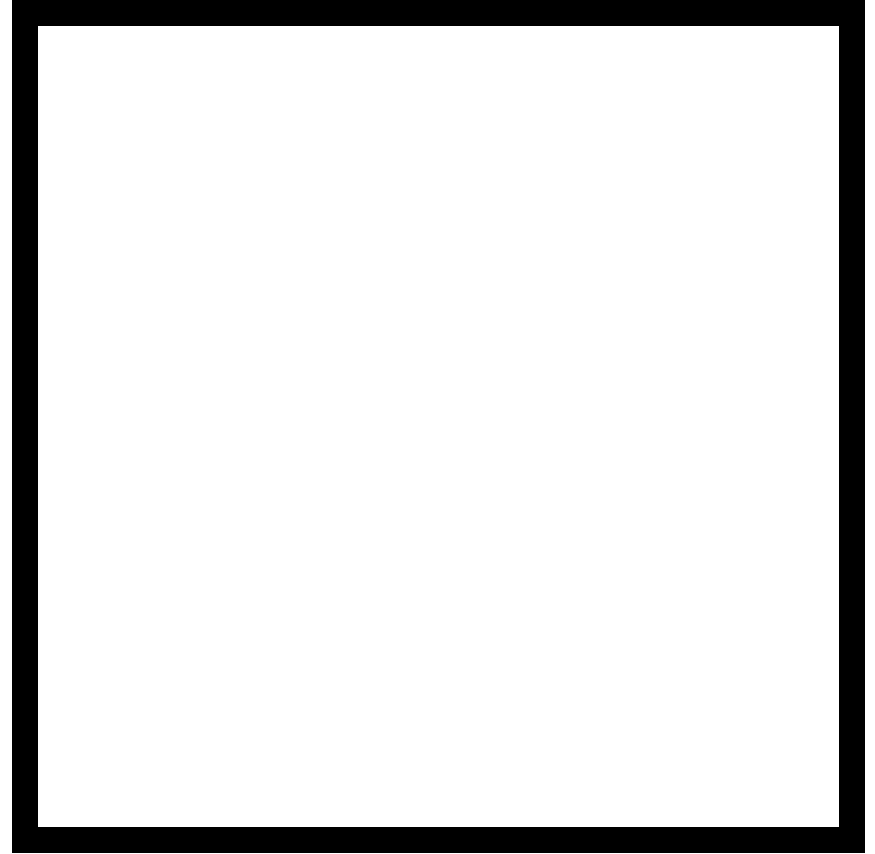
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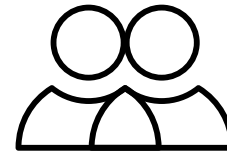
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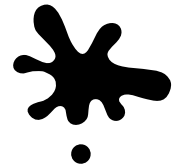
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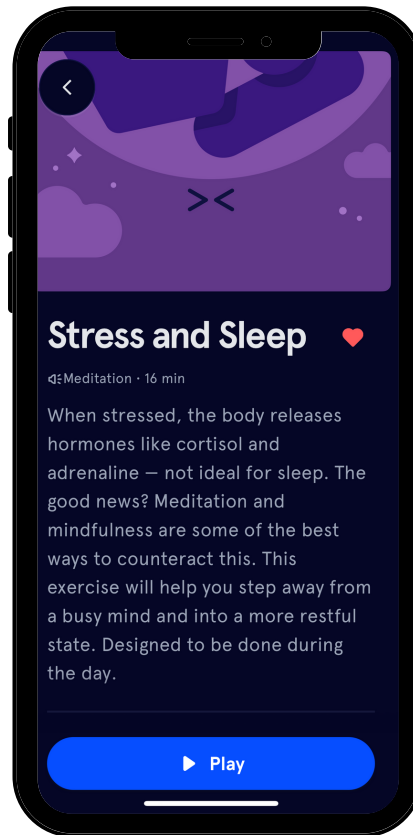
December 2022

**Intentions + Affirmations
+ Gratitudes**



December 2022

Headspace App Meditation



YAY! You did it



So that's my wish for you, and all of us, and my wish for myself. Make New Mistakes. Make glorious, amazing mistakes. Make mistakes nobody's ever made before. Don't freeze, don't stop, don't worry that it isn't good enough, or it isn't perfect, whatever it is: art, or love, or work or family or life.

NEIL GAIMAN

