

Decision Making Framework

Worksheet

@passionsquared



What is the problem or decision?

What outcome am I seeking?

Is that outcome aligned with my brand, vision, and values?



**What am I afraid of with handling this problem or making this decision?
What story am I making up?**

What do healthy boundaries look like in this scenario?

What actions will I take?



How will this decision affect my business and brand?

What was the actual outcome of the problem/decision?



What did I learn in handling this problem and making this decision?

How am I feeling after handling the problem/making the decision?

How can I take what I learned to my next problem/decision?

